

SECURE YOUR SPOT BY MARCH 10!

L&L

SPAIN & MOROCCO

SEPTEMBER 9-22, 2026

PRESENTED TO THE STAFF OF MAYO CLINIC ROCHESTER, SCOTTSDALE, JACKSONVILLE & MAYO HEALTH SYSTEMS

SPAIN & MOROCCO

SPAIN

BARCELONA

MADRID

VALENCIA

SEVILLE

GRANADA

MOROCCO

MARRAKECH





ITINERARY

DAY 1 WEDNESDAY, SEPTEMBER 9 **OVERNIGHT FLIGHT**

Depart on your overnight international flight. You're on your way to a colorful cultural adventure featuring the best of Morocco and Spain.

DAY 2 THURSDAY, SEPTEMBER 10 **MARRAKECH, MOROCCO**

Welcome to Morocco! Join your local tour manager for a walk around the area of the hotel to get acquainted.

Overnight: Movenpick Hotel Mansour Eddahbi

DAY 3 FRIDAY, SEPTEMBER 11 **MARRAKECH, MOROCCO**

This morning, it's your choice! Explore the Bahia Palace with its stunning architecture and gardens on a locally guided tour -OR- visit the Moroccan Culinary Arts Museum to discover the fusion of Arab, Amazigh, Mediterranean and French

influences in Moroccan cuisine. Then, wander through the vibrant streets of Marrakech and the Medina, where you can pause to explore the rich world of spices and their enchanting uses, or simply enjoy free time to meander through the intricate alleyways—an ideal chance for shopping and savoring local flavors at your own pace. This afternoon, visit the enchanting Jardin Majorelle, an iconic site that beautifully showcases Morocco's rich cultural heritage.

Meals: Breakfast, Dinner

Overnight: Movenpick Hotel Mansour Eddahbi

DAY 4 SATURDAY, SEPTEMBER 12 **MARRAKECH, MOROCCO**

Visit a women's training center during today's Impact Moment. With your visit, support a program that empowers women seeking social and financial stability through culinary training.



Enjoy an interactive cooking class, gathering fresh herbs and vegetables from the garden and learning the secrets to making tagine, while also getting to know the stories of the chef trainees and the stigmas they face around women's roles in society and the workplace. Enjoy the rest of your day at leisure. This evening, perhaps you'll join an optional horse-drawn carriage ride through Marrakech, followed by dinner at a local restaurant.

Meals: Breakfast, Lunch

Overnight: Movenpick Hotel Mansour Eddahbi

DAY 5 SUNDAY, SEPTEMBER 13 MARRAKECH, MOROCCO + BARCELONA, SPAIN

Depart Marrakech for the vibrant city of Barcelona today. Upon arrival, join your fellow travelers for dinner at your hotel.

Meals: Breakfast, Dinner

Overnight: Radisson Blu 1882

DAY 6 MONDAY, SEPTEMBER 14 BARCELONA, SPAIN

Start the morning by joining a local expert and exploring this amazing city as it was meant to be explored — on foot. Begin in the heart of Barcelona's Las Ramblas, enjoying the vibrant atmosphere of the city's most famous boulevard, which stretches from Plaça de Catalunya. Walk through the Gothic Quarter, a labyrinth of narrow, winding streets that date back to Roman times. Your local expert will guide you through this enchanting neighborhood, highlighting its hidden gems and sharing stories of its past. After some free time for lunch on your own, embark on a panoramic tour to see more of Barcelona's sights. Finally, step inside the awe-inspiring La Sagrada Família (UNESCO) for a guided tour of the world-famous church designed by Catalan architect Antoni Gaudí.

Meals: Breakfast

Overnight: Radisson Blu 1882



DAY 7 TUESDAY, SEPTEMBER 15
BARCELONA, PENISCOLA + VALENCIA, SPAIN

Today, say goodbye to Barcelona! On your way to Valencia, stop in beautiful Peniscola and enjoy free time to explore on your own. Known as the “City in the Sea,” this fortified city and its Knights Templar Castle, dating back to the 13th century, are hidden gems. On a panoramic tour of Valencia, see the City of Arts and Sciences – an ultramodern educational institution. A treasure trove of Roman and Arabic architecture, Valencia is Spain’s third largest city, melding historic and modern culture.

Meals: Breakfast

Overnight: SH Valencia Palace

DAY 8 WEDNESDAY, SEPTEMBER 16
VALENCIA + ALBUFERA, SPAIN

Valencia is a city full of contrasts, where a charming old town lives next to futuristic buildings. Explore the city’s old quarter on foot, discovering its history with a local expert. View the ornate Serranos Towers before wandering through the bustling central market, where you

can shop side-by-side with the locals. Travel to Albufera, which with its freshwater lake that evolved from an ancient marine gulf, is one of the most important wetlands in Spain. This is the area where paella originated – and the best place to experience it for lunch today. Enjoy time on your own to explore as you wish back in Valencia.

Meals: Breakfast, Lunch

Overnight: SH Valencia Palace

DAY 9 THURSDAY, SEPTEMBER 17
VALENCIA + GRANADA, SPAIN

Today, make your way to Granada, the last great capital of the Moors in Spain before it fell to the Catholic monarchs in 1492. As the sun sets, the city bathes in a warm, golden light, highlighting the stunning architecture and historic landmarks. As the streets come alive for the evening, you may enjoy a leisurely stroll before dinner at a nearby restaurant with the group.

Meals: Breakfast, Dinner

Overnight: Barcelo Carmen Granada



DAY 10 FRIDAY, SEPTEMBER 18 **GRANADA + SEVILLE, SPAIN**

This morning, join a local expert for a tour of the world-famous Alhambra (UNESCO), a stone fortress overlooking the entire city and serving as a mesmerizing example of Islamic architecture. As you enter this historical marvel, feel transported to a different era. Wander through the intricate Nasrid Palaces, the heart of the Alhambra, and lose yourself in the serene beauty of the Generalife Gardens and stunning views from the Alcazaba, the oldest part of the complex. After this captivating visit, continue to Seville, where you'll end the day in southern Spain's cultural capital enjoying a delightful dinner.

Meals: Breakfast, Dinner

Overnight: NH Sevilla Plaza de Armas

DAY 11 SATURDAY, SEPTEMBER 19 **SEVILLE, SPAIN**

Embark on a panoramic tour before arriving at the iconic Plaza de España. Next, visit the Seville

Cathedral (UNESCO) — the largest Gothic church in the world — and see Columbus' tomb and the Giralda Bell Tower. Then decide how you want to continue because it's your choice! Walk the Santa Cruz quarter with an expert guide, admiring the orange trees and white-washed houses -OR- get to know an example of the characteristic noble architecture at Palacio de Las Duenas. Then, enjoy some free time this afternoon. This evening, enjoy an authentic flamenco show (UNESCO) showcasing Seville's famous traditions.

Meals: Breakfast

Overnight: NH Sevilla Plaza de Armas

DAY 12 SUNDAY, SEPTEMBER 20 **SEVILLE, CÓRDOBA + MADRID, SPAIN**

Travel to the extraordinary Moorish city of Córdoba. Upon arrival, embark on a walking tour of La Mezquita (UNESCO), an 8th-century mosque that was converted into the city's cathedral in the 16th century. As you continue your exploration of Córdoba's historical center, encounter a mix of Roman, Islamic, and Christian influences.



The UNESCO World Heritage Site showcases a rich and diverse history, offering a fascinating journey through time with its unique blend of cultures and architectural styles. Then, board the two-hour AVE high-speed train to Spain's capital city, Madrid! Arrive in the late afternoon and enjoy an evening at leisure to explore as you wish.

Meals: Breakfast

Overnight: Radisson RED Madrid

DAY 13 MONDAY, SEPTEMBER 21 MADRID, SPAIN

During a locally guided tour of Madrid's historic center, see iconic sites such as Plaza Mayor, where events have been held since the 17th century, and Plaza de Oriente — the square of the Royal Palace. Join a local expert to explore the priceless masterpieces of the Prado Museum, which opened in 1819 and boasts some of the world's finest collections of art by masters such as Velazquez and Goya. Your afternoon is free to further explore this fascinating city on your own or join an optional tour to Toledo to experience its

rich cultural highlights, including the stunning cathedral. Join your fellow travelers this evening for a farewell dinner and toast your adventure.

Meals: Breakfast, Dinner

Overnight: Radisson RED Madrid

DAY 14 TUESDAY, SEPTEMBER 22 DEPART SPAIN

After breakfast, transfer to the airport for your return flight home, bringing memories of two warm cultures and of a beautiful land.

Meals: Breakfast



TOUR REGISTRATION

☐ **MAYO CLINIC SPAIN + MOROCCO TOUR**

September 9-22, 2026

\$8,285 per person based on double occupancy

\$10,085 per person based on single occupancy

All prices are quoted per person, based on stated occupancy and include all items listed under the Tour Inclusions.

- ☐ Please provide me with a quote for travel insurance.
- ☐ Enclosed is:
- ☐ \$1,500/person deposit for _____ people
- ☐ Full Payment (Due June 4, 2026)
- ☐ Please bill my credit card:
- ☐ American Express ☐ Visa ☐ MasterCard

ACCOUNT # EXP. DATE CVV CODE

SIGNATURE

TRAVELER 1 NAME (legal name as it appears on your passport)

TRAVELER 2 NAME (legal name as it appears on your passport)

TRAVELER 1 NAME PREFERENCE (for name badge)

TRAVELER 2 NAME PREFERENCE (for name badge)

TRAVELER 1 DATE OF BIRTH TRAVELER 2 DATE OF BIRTH

EMAIL

ADDRESS

CITY/STATE/ZIP CODE

HOME PHONE/CELL PHONE

- ☐ I will require airfare from a city other than Minneapolis/St. Paul.

DEPARTURE CITY: _____

AIRLINE SEATING PREFERENCE

TRAVELER 1: ☐ Aisle ☐ Window ☐ Adjacent

TRAVELER 2: ☐ Aisle ☐ Window ☐ Adjacent

- ☐ I have read and agree to the terms and conditions of this brochure.

SIGNATURE

TOUR INCLUSIONS

INCLUDED

- Roundtrip economy-class air from Minneapolis/St. Paul (MSP)
 - Flights out of Phoenix or Jacksonville are also available!
- Roundtrip transfers between Rochester and MSP
- All airport/hotel transfers in Spain and Morocco
- Accommodations in Marrakech (3 nights), Barcelona (2 nights), Valencia (2 nights), Granada (1 night), Seville (2 nights), and Madrid (2 nights)
- Guided sightseeing as outlined in itinerary
- All meals as indicated in itinerary
- All entrance fees
- Services of professional local driver/guides and Carrousel Travel escort

NOT INCLUDED

- Gratuities to driver/guides
- Travel Insurance
- Airline fuel surcharges (if any)
- Airline baggage fees
- Items of personal nature
- Anything not listed under Tour Inclusions

TERMS & CONDITIONS

RESERVATIONS Reservations must be accompanied by a signed registration form and a \$1,500 per person deposit. Payments can be made by check or credit card. Checks should be made payable to Carrousel Travel. Final payment is due June 4, 2026. A reminder notice will be sent prior to the final payment date.

CANCELLATIONS All cancellations must be received in writing and are subject to the following penalties. All deposits are non-refundable. Cancellations received on or after June 4, 2026 will be subject to 100% penalty.

INSURANCE Carrousel Travel highly recommends travel insurance for your protection. We will provide an insurance application to all tour participants.

RESPONSIBILITY In offering these travel arrangements, Carrousel Travel (CT) acts as an agent for the sale of air transportation and other travel related services. CT takes great care in selecting its suppliers, but it does not control or guarantee personnel, equipment or operations of anyone furnishing accommodations, products or other services in connection with the travel arrangements. Therefore, CT is not able to assume responsibility for injury, damage, expense, inconvenience or any other loss experienced in connection with the travel or services. CT's control is limited to its own employees and it is responsible for the acts or omissions of such employees. The type of loss over which CT has no control and for which CT cannot be responsible for includes, without limitation; (1) any act or omission on the part of any supplier of services or other party who is not under the direct control of CT; (2) any defect or failure of any vehicle, equipment, product or service which is owned, operated or otherwise used by a supplier; (3) any financial problems of a supplier which causes non-performance by that supplier; or (4) any other cause, condition or event which is beyond the direct control of CT. Without limiting the effect of the foregoing, CT is a company of integrity and responsibility and will do everything within its capabilities to fulfill your travel arrangements. CT does not control the rates, bookings or reservation policies of any supplier and while CT will do everything possible to maintain these matters, they cannot be guaranteed. During the trip, you may have the opportunity to participate in various optional activities, such as water sports and other athletic activities or excursions. CT does not control any of these activities and will not be liable for any injury, damage, loss, expense, accident, delay, inconvenience or irregularity arising out of or relating to such participation. Your baggage and personal effects are your responsibility at all times. CT reserves the right to withdraw any tour member from a tour if the conduct of such a member is incompatible with the interests of the group as a whole. Your retention of tickets, reservations or final tour documents after issuance by CT shall constitute consent to these provisions. The conditions outlined above also pertain to the Mayo Clinic and Mayo Health Systems.

Submit completed registration by fax to 612-866-9644 or email to mayo@carrouseltravel.com or mail with check payable to:

Carrousel Travel
Attn: Group Department
Two Meridian Crossings, Suite 200
Minneapolis, MN 55423

Please include a photocopy of the photo page of your passport.