



SWEDEN + NORWAY

JUNE 10-22 // 2019

PRESENTED TO THE STAFF OF MAYO CLINIC ROCHESTER, SCOTTSDALE, JACKSONVILLE & MAYO HEALTH SYSTEMS



ITINERARY

DAY 1 // MONDAY, JUNE 10

DEPART USA

Board our international overnight flight to Stockholm.

DAY 2 // TUESDAY, JUNE 11

STOCKHOLM

Welcome to Sweden! Transfer to the hotel. This evening, join your fellow Mayo Clinic travelers for a relaxed evening of dinner and wine. (D)

DAY 3 // WEDNESDAY, JUNE 12 **STOCKHOLM**

With our local expert see the charms of this fabulous city. On Gamla Stan, start with the cathedral and wander the Old Town. Stroll through the courtyard of the Royal Palace and visit the imposing City Hall to see its gilded Golden Hall and the Blue Hall, where the annual Nobel Prize banquet is held. This afternoon, join a guided tour of Art in the Subway, the world's longest art exhibition. (B)

DAY 4 // THURSDAY, JUNE 13 **SIGTUNA+UPPSALA**

Travel to Sigtuna, on Lake Mälaren, to see Sweden's smallest City Hall. Continue to the historic city of Uppsala, seat of Scandinavia's oldest university, and visit the lofty cathedral. Travel through rural Dalecarlia to Falun, an old historic mining town. (B, D)

DAY 5 // FRIDAY, JUNE 14

LILLEHAMMER

View the Great Pit, a vast crater caused by the enormous mine collapse that occurred in 1687. Travel along Lake Siljan to Nusnäs, home of the Dala horse. Meet the entertaining Olsson family and visit their workshop to witness a colorful wooden horse being made. Continue to Sälen, starting point for Vasaloppet, a 55-mile cross-country ski race. Cross into Norway, passing Hamar with its Olympic ice-skating rink known as the Viking stockShip. This evening, enjoy a special visit to Lillehammer Bryggeri Brewery as you sample their local craft beer paired with a delicious meal. (B, D)

DAY 6 // SATURDAY, JUNE 15

GEIRANGER

Travel through the countryside of Peer Gynt, immortalized by Ibsen, to reach Lom, where you visit the Norwegian stave church dating back to 1158. End the day with an incredible cruise on Geirangerfjord. For the next two nights we will stay in the remote village of Geiranger, overlooking fjords and soaring mountains. (B)

GAMLA STAN // STOCKHOLM

DAY 7 // SUNDAY, JUNE 16 **GEIRANGER**

Enjoy a relaxed start and a day reserved for your leisure amongst the most breathtaking scenery of this UNESCO World Heritage Site. (B)

DAY 8 // MONDAY, JUNE 17 **FJARLAND+FJORDLAND**

Travel to the Boya Glacier and visit the nearby Fjarland Glacier Museum to gain a deeper understanding of the surroundings and their past, present and future. Our journey continues with a scenic drive to our hotel in Leikanger. (B, D)

DAY 9 // TUESDAY, JUNE 18 **FLAM RAILWAY**

Cross the magnificent Sognefjord and embark on a spectacular scenic journey on the Flam Railway. Visit a family-run farm on the Hardangerfjord to hear how eight generations have farmed the land. Sample their fresh apple juice and homemade cider and enjoy a walk through the orchard. Travel on to our hotel in the historic port of Bergen. (B, D)

DAY 10 // WEDNESDAY, JUNE 19 **BERGEN**

Our local expert will introduce us to Bergen. See the lively Fish Market with its many stalls that also include fruits, vegetables, flowers, handicrafts and souvenirs, before continuing to the 13th century Haakon's Hall. This afternoon is free for you to explore on your own as you wish. (B)

DAY 11 // THURSDAY, JUNE 20 **OSLO**

Pass scenic mountains and travel through some of Norway's ski-resorts as we cross the Hardanger Plateau (Europe's greatest mountain plateau and the largest national park in the Nordic countries) to reach Oslo. (B)

DAY 12 // FRIDAY, JUNE 21 **OSLO**

With our local expert, see the Royal Palace and the Akershus Castle guarding the harbor. At Frogner Park, view the intriguing Vigeland sculptures, before visiting the Viking Ship Museum to see 9th century ships that carried Viking nobles to the afterlife. We round off our Scandinavian adventure with a celebration farewell dinner and a big toast to our travels and traveling companions. (B, D)

DAY 13 // SATURDAY, JUNE 22 **DEPART OSLO**

Bid a final farewell to Norway. Transfer to the Oslo Airport for our flight home. (B)



GEIRANGERFJORD



AKERSHUS CASTLE // OSLO

REGISTRATION

- Please sign me up for the Mayo Clinic Tour of Sweden + Norway!
June 10-22, 2019 **\$6,090 per person (\$6,250*)**

*Price based on non-cash/check payment.

All prices quoted are per person, based on double occupancy and include all items listed under the Tour Inclusions.

Submit completed registration by fax to 612-866-9644 or email to mayo@carrouseltravel.com or mail with check payable to:

Carrousel Travel
Attn: Group Department
6625 Lyndale Avenue South, Suite 104
Minneapolis, MN 55423

Please include a photocopy of the first page of your passport.

- Enclosed is:
 - \$1,500 per person deposit for ____ people
 - Full Payment (Due February 11, 2019)
- Please bill my credit card:
 - American Express Visa MasterCard

ACCOUNT # EXP. DATE CVV CODE

SIGNATURE

TRAVELER 1 NAME (legal name as it appears on your passport)

TRAVELER 2 NAME (legal name as it appears on your passport)

TRAVELER 1 NAME PREFERENCE (for name badge)

TRAVELER 2 NAME PREFERENCE (for name badge)

EMAIL

ADDRESS

CITY/STATE/ZIP CODE

HOME PHONE/CELL PHONE

- I will require airfare from a city other than Minneapolis/St. Paul.
DEPARTURE CITY: _____

AIRLINE SEATING PREFERENCE
TRAVELER 1: Aisle Window Adjacent
TRAVELER 2: Aisle Window Adjacent

- I have read and agree to the terms and conditions of this brochure.

SIGNATURE

TOUR INCLUSIONS

- Roundtrip transfers between Rochester and MSP
- Roundtrip airfare from Minneapolis/St. Paul to Stockholm and return from Oslo
- All transfers between airports and hotels
- Accommodations in first-class hotels: 2 nights in Stockholm, 1 night in Falun, 1 night in Lillehammer, 2 nights in Geiranger, 1 night in Leikanger, 2 nights in Bergen, 2 nights in Oslo
- Guided sightseeing and entrance fees as outlined in the itinerary
- Daily breakfast (B)
- 6 Dinners as outlined in the itinerary (D)
- Gratuities to drivers and local guides/experts
- Services of a tour director and Carrousel Travel escort throughout
- Baggage handling throughout the trip

NOT INCLUDED

- Gratuities to tour director
- Airline fuel surcharges (if any)
- Baggage fees (if any)
- Travel insurance
- Items of personal nature
- Anything not listed under Tour Inclusions

FOR MORE INFORMATION

Please email: mayo@carrouseltravel.com
or call Sara or Vanessa at (612) 866-2503 or (800) 800-6508

TERMS & CONDITIONS

RESERVATIONS Reservations must be accompanied by a \$1,500 per person deposit and signed registration form. Payments can be made by check or credit card. Checks should be made payable to Carrousel Travel. Final payment is due February 11, 2019. A reminder notice will be sent prior to the final payment date.

CANCELLATIONS All cancellations must be received in writing and are subject to the following penalties. All deposits are non-refundable. Cancellations received prior to February 11, 2019 will be subject to a \$1,500 per person penalty. Cancellations received on or after February 11, 2019 will be subject to 100% penalty.

INSURANCE Carrousel Travel highly recommends travel insurance for your protection. We will provide an insurance application to all tour participants.

RESPONSIBILITY In offering these travel arrangements, Carrousel Travel (CT) acts as an agent for the sale of air transportation and other travel related services. CT takes great care in selecting its suppliers, but it does not control or guarantee personnel, equipment or operations of anyone furnishing accommodations, products or other services in connection with the travel arrangements. Therefore, CT is not able to assume responsibility for injury, damage, expense, inconvenience or any other loss experienced in connection with the travel or services. CT's control is limited to its own employees and it is responsible for the acts or omissions of such employees. The type of loss over which CT has no control and for which CT cannot be responsible for includes, without limitation; (1) any act or omission on the part of any supplier of services or other party who is not under the direct control of CT; (2) any defect or failure of any vehicle, equipment, product or service which is owned, operated or otherwise used by a supplier; (3) any financial problems of a supplier which causes non-performance by that supplier; or (4) any other cause, condition or event which is beyond the direct control of CT. Without limiting the effect of the foregoing, CT is a company of integrity and responsibility and will do everything within its capabilities to fulfill your travel arrangements. CT does not control the rates, bookings or reservation policies of any supplier and while CT will do everything possible to maintain these matters, they cannot be guaranteed. During the trip, you may have the opportunity to participate in various optional activities, such as water sports and other athletic activities or excursions. CT does not control any of these activities and will not be liable for any injury, damage, loss, expense, accident, delay, inconvenience or irregularity arising out of or relating to such participation. Your baggage and personal effects are your responsibility at all times. CT reserves the right to withdraw any tour member from a tour if the conduct of such a member is incompatible with the interests of the group as a whole. Your retention of tickets, reservations or final tour documents after issuance by CT shall constitute consent to these provisions. The conditions outlined above also pertain to the Mayo Clinic and Mayo Health Systems.