

Register by May 15, 2026 and
receive a \$100 per person discount!



CHARMS OF THE MEKONG

RIVER CRUISE FEATURING VIETNAM + CAMBODIA

FEBRUARY 5-17, 2027

LAOS POST-TRIP EXTENSION | FEBRUARY 17-21, 2027

PRESENTED TO THE STAFF OF MAYO CLINIC ROCHESTER, SCOTTSDALE, JACKSONVILLE & MAYO HEALTH SYSTEMS

A vertical collage of four images. The top image shows a person wearing a traditional conical hat. The second image is a detailed stone carving of a deity. The third image is a bowl of food, likely a Lao dish, served on a banana leaf. The bottom image shows the entrance to an ancient temple with two monks in orange robes walking in the foreground.

JOIN US

Mayo Clinic is heading to Southeast Asia! Flowing through Vietnam and Cambodia, the Mekong River reveals a world of floating markets, golden temples and villages built on its banks.

Lively Ho Chi Minh City, once known as the “Pearl of the Orient,” offers a vibrant mix of old and new and provides the perfect start to your incredible journey through Vietnam and Cambodia. Cruise along the mighty Mekong, discovering a glimpse into another era; one where people still happily honor the timeless traditions passed down through the centuries from their ancestors. Throughout your trip, immerse yourself into the culture and heritage with visits to rural villages, historic pagodas and colorful markets. Be treated to a special blessing by monks in Buddhist monasteries and witness skilled artisans who create exquisite handicrafts and delicacies. After disembarking, continue the adventure in Siem Reap, the gateway to Angkor and home to the towering ancient temples of the Khmer Empire.

Extend your trip with a post-cruise visit to Luang Prabang, Laos.

A NOTE FROM SARA KEOMANIVONG MOONEY

Laos is a tiny gem in Southeast Asia, and Luang Prabang (UNESCO World Heritage Site) is a tranquil and well-preserved city that is the heart and soul of the country. Everyday life takes on a slower pace here. Centuries-old cultural traditions are still practiced every single day starting with an early morning alms giving. Traditional Lao wooden homes and French colonial-era architecture can be seen throughout. The locals are kind and welcoming with their warm smiles. I may have grown up in the US but Laos will always have a piece of my heart and after every single visit, I am reminded of this.

We hope you will make plans to join us for this journey along the mighty Mekong, where each bend of the river brings you closer to the traditions, flavors, and spirit of Southeast Asia.



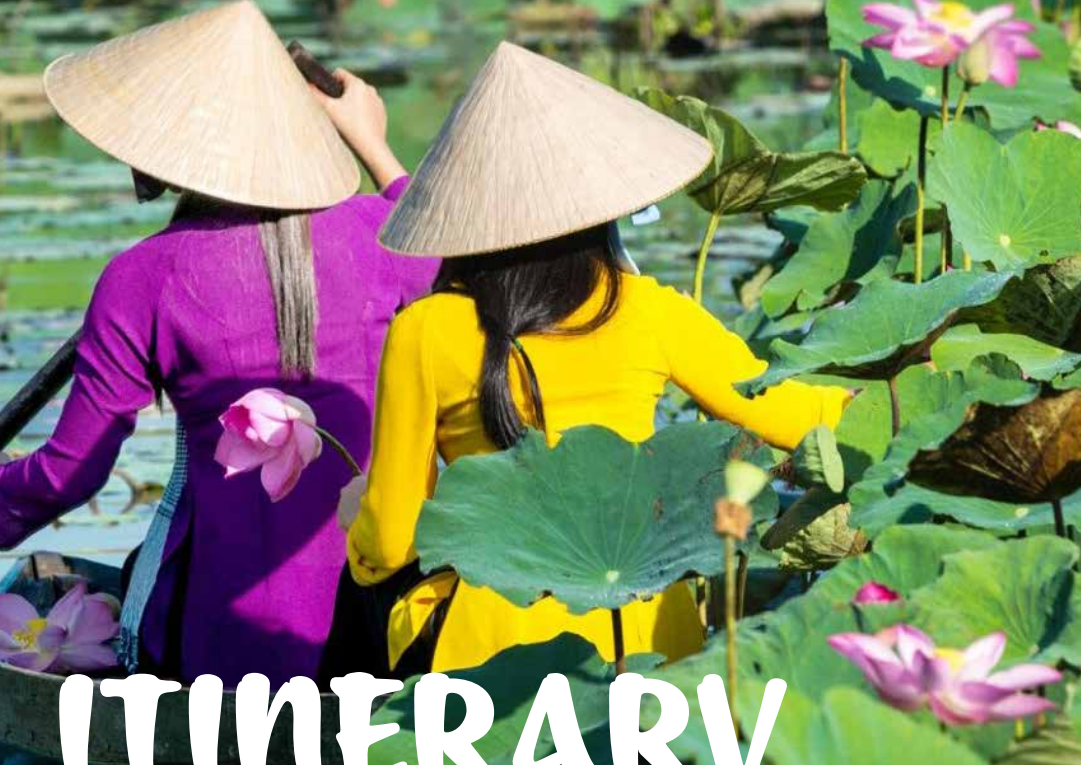
LUANG PRABANG
LAOS

SIEM REAP CAMBODIA

LOUDONG **ANGKOR BAN**
PHNOM PENH

TAN CHAU **CAI BE** **HO CHI MINH CITY**





ITINERARY

DAY 1 FRIDAY, FEBRUARY 5 **OVERNIGHT FLIGHT**

Depart on your overnight international flight. You're on your way to an exciting journey along the Mekong, where the timeless traditions and vibrant cultures of Vietnam and Cambodia unfold along the river.

DAY 2 SATURDAY, FEBRUARY 6 **HO CHI MINH CITY, VIETNAM**

Welcome to Saigon, also known as Ho Chi Minh City and once known as the Paris of the East. Today, the city is an industrial, cultural and educational hub but still retains vestiges of its colonial past. The streets pulse with life: a thrilling dance of motorbikes, neon lights and hidden alleyways waiting to be explored.

Meals: In-flight meals

DAY 3 SUNDAY, FEBRUARY 7 **HO CHI MINH CITY, VIETNAM**

Explore the Cu Chi tunnels and the city of Saigon. The Cu Chi tunnels are an underground network that began during the 1940s French War and expanded over 25 years into an intricate city beneath the earth. At its peak, it stretched over 125 miles from Saigon to Cambodia, featuring meeting areas, storerooms and living quarters. The tunnels are synonymous with the Vietnam War. Today, two sections are open to visitors and are preserved and operated as a prominent war park memorial. After returning to the city for lunch, visit the Reunification Palace, a pivotal site in the Fall of Saigon in 1975. Now a museum, it showcases period rooms and a basement command center. Nearby, admire the 19th-century Notre Dame Cathedral, a popular photo spot, and the striking French colonial post office across the street. The impressive Ho Chi Minh City Hall stands as another architectural highlight.



Visit the War Remnants Museum, which focuses on the Vietnam War and earlier conflicts. End at the Jade Emperor Pagoda, a Taoist temple rich with incense, carvings and imposing statues. Tonight, gather for a group dinner in the heart of the city with fellow Mayo Clinic travelers.

Meals: Breakfast, Dinner

**DAY 4 MONDAY, FEBRUARY 8
HO CHI MINH CITY + MY THO, VIETNAM**

After breakfast this morning, we journey south to the Mekong River town of My Tho to board AmaWaterways' AmaDara ship. The afternoon is free to relax and maybe enjoy a drink in the Saigon Lounge. Tonight's welcome cocktail party and dinner will be in the Mekong Restaurant.

Meals: Breakfast, Lunch, Dinner

**DAY 5 TUESDAY, FEBRUARY 9
CAI BE, VIETNAM**

Cruise past the colorful boats and tranquil riverbanks of the Mekong Delta. Drift through lively villages where winding streets hum with daily life, markets burst with color and the air carries the scent of local crafts. Take in the rhythms and vibrant energy that have inspired generations of storytellers.

Meals: Breakfast, Lunch, Dinner

**DAY 6 WEDNESDAY, FEBRUARY 10
TAN CHAU, VIETNAM**

Tan Chau reveals the gentle rhythms of river life. Drift along quiet streets and watch artisans at work, then glide through the emerald wetlands of Tra Su Forest, where shimmering waters and landscapes create a magical, otherworldly scene. As evening falls, the river promises new discoveries in Cambodia.

Meals: Breakfast, Lunch, Dinner



**DAY 7 THURSDAY, FEBRUARY 11
PHNOM PENH, CAMBODIA**

Phnom Penh unfolds along the river with elegance and reflection. Stroll along tree-lined avenues and vibrant streets, feeling the city's rhythms and resilience. In the afternoon, serene spaces and solemn landscapes invite contemplation, while the evening comes alive with the rich movement and music of Khmer folk traditions.

Meals: Breakfast, Lunch, Dinner

**DAY 8 FRIDAY, FEBRUARY 12
OUDONG, CAMBODIA**

Journey to Oudong, where serene plains stretch beneath quiet monasteries. Monks offer a timeless Buddhist Blessing Ceremony, inviting reflection and calm along the river.

Return to Phnom Penh as the river carries you past tree-lined streets and sunlit avenues, feeling the city's layered charm and gentle rhythm unfold around you.

Meals: Breakfast, Lunch, Dinner

**DAY 9 SATURDAY, FEBRUARY 13
KOH OKNHA TEY, CAMBODIA**

Drift to Oknhatey, where the river winds past lush banks and riverside workshops. Step into a local school and watch the delicate artistry of silk-making, a cultural treasure carried through generations. In the afternoon, let the river's gentle current guide you deeper into Cambodia, as vibrant landscapes unfold along the banks.

Meals: Breakfast, Lunch, Dinner



DAY 10 SUNDAY, FEBRUARY 14
ANGKOR BAN, CAMBODIA

Step into the quiet rhythm of Angkor Ban, where stilted wooden houses and enduring traditions remain unchanged by time. Drift through landscapes where ancient ruins meet vibrant pagodas, or gaze upon the rolling forms of the Twin Mountains. The day concludes aboard with a festive Farewell Dinner, as the river glimmers in the evening light.

Meals: Breakfast, Lunch, Dinner

DAY 11 MONDAY, FEBRUARY 15
KAMPONG CHAM + SIEM REAP, CAMBODIA

We disembark in Kampong Cham this morning and continue on our adventure to Siem Reap. Check in to our hotel with the afternoon at leisure to relax or enjoy the resort facilities.

Meals: Breakfast

DAY 12 TUESDAY, FEBRUARY 16
SIEM REAP, CAMBODIA

We set off before dawn by remork (local tuk-tuk), winding through the forest towards the East Gate of Angkor Wat. By torchlight, we slip through the secluded entrance and step into the temple grounds. As dawn breaks, the first light crowns the spires in gold, offering a truly unforgettable view before we explore the complex with a local guide. We then continue by remork to Srah Srang, where a beautifully restored Khmer wooden house awaits with a full Khmer breakfast platter of traditional dishes, fresh juice, and coffee. Afterwards, we travel on to Ta Prohm. Entering through the little-used North Gate, we approach in near solitude, marveling at giant fig roots and banyan trees entwined with the crumbling stone galleries, before returning to the hotel by noon, where you can enjoy lunch at your own leisure.



In the mid-afternoon, we will enjoy the highlights of Angkor Thom starting at the lesser-visited East Gate, known as the Gate of Death, where we climb onto the walls of Angkor Thom’s vast moat. We follow a 500-metre section of the ramparts to the Victory Gate, considered the most impressive of the five city gates. Finally, we descend to visit the iconic Bayon Temple, an extraordinary 12th-century masterpiece at the heart of Angkor Thom.

This evening is dinner at a local restaurant to experience Khmer cuisine.

Meals: Breakfast, Dinner

DAY 13 WEDNESDAY, FEBRUARY 17
RETURN HOME OR CONTINUE TO LAOS

Today is a day at leisure before returning home to the US or continuing on to Luang Prabang, Laos for the optional extension.

Meals: Breakfast

LAOS TRIP EXTENSION

DAY 13 WEDNESDAY, FEBRUARY 17
LUANG PRABANG, LAOS

For those continuing on to Luang Prabang, you will have the morning and early afternoon at leisure. We will depart on an evening flight to Luang Prabang. Upon arrival, enjoy a welcome to Laos group dinner with fellow Mayo Clinic travelers.

Meals: Breakfast, Dinner

DAY 14 THURSDAY, FEBRUARY 18
LUANG PRABANG, LAOS

Explore the historic town of Luang Prabang on three wheels by deluxe tuk-tuk! The first stop is the National Museum – formerly the Royal Palace. Inside the complex of the National Museum, you will see the “Prabang” sacred golden statue, giving its name to the town. Try to spot a very rare piece of rock inside...it comes from the US and was a state gift from the Moon!



For car lovers, head to the garage and spot the antique state cars, including some American and French models.

Visit Vat Mai, which translates in “New Monastery,” a name given during the times of its first restoration in the early 19th century. It is one of the biggest and most beautiful temples in Luang Prabang. This temple is very important for the locals of Luang Prabang. After the Chinese destroyed the town in the last half of the 19th century, it served as a temple for the royal family and also sheltered for a long time the Phra Bang, which is a mystical emblem in this country until 1947 when the sacred statue was moved to the former Royal Palace. During Pi Mai, the Lao New Year, the Phra Bang is put on display in this temple for 3 days. Devout Lao from all over the country come to devoutly sprinkle the statue with water while making wishes.

A visit to the Traditional Arts and Ethnology Center (TAEC) is one of the most important cultural attractions in Luang Prabang, dedicated to preserving and showcasing the rich ethnic diversity of Laos.

We then head to Vat Xieng Thong, an emblematic monastery of the city with its typical local architecture. It is the object of veneration and is located at the confluence of the Mekong River and the Nam Khan River.

Today’s lunch will feature a carefully curated menu of Lao and international dishes.

The evening is on your own at leisure to maybe enjoy a stroll through the bustling night market and dinner along the river.

Meals: Breakfast, Lunch



DAY 15 FRIDAY, FEBRUARY 19
LUANG PRABANG, LAOS

This morning will be a very early morning start to experience the daily alms giving (locally known as “tak baht”). Around dawn, there is a procession of saffron-clad monks throughout the city. They stroll silently and locals place rice and other food items into their basket, which will be their only meal of the day. This is a longstanding tradition in Lao Buddhist culture. To give alms to the monks is to gain merit and good karma. The experience is extremely moving as it is a very sacred and silent ceremony and truly a part of everyday life in Laos.

We continue on to breakfast with a view before arriving at Kuang Si Waterfall – a spectacular tiered waterfall cascading through the jungle with a pool of bright turquoise water at the end. There will be time for a swim!

As we make our way to our next visit, we will make a stop at a Lao buffalo dairy farm to taste buffalo milk ice cream.

Our last visit of the day is Pak Ou Caves. We will board our private cruise boat on the Mekong River to reach the caves. The caves are a sacred, centuries-old pilgrimage site containing over 4,000 Buddha statues. The views are breathtaking as the caves are positioned where the Nam Ou River and Mekong River meet. Lunch will be served on board our cruise.

The evening is at your leisure.

Meals: Breakfast, Lunch



DAY 16 SATURDAY, FEBRUARY 20 LUANG PRABANG, LAOS

Today is a day at leisure to relax and enjoy the hotel's facilities or maybe participate in an optional tour to visit an organic rice farming plantation.

This evening, gather for a traditional Lao baci ceremony. Baci is a special and unique ceremony in Laos which has been practiced for hundreds of years. The term commonly used is "sou khuan," which means "spirit enhancing or spirit calling." The ceremony involves the tying of white cotton strings around wrists and prayers of well wishes. The ceremony performed for a variety of life events such as a new baby, a move, a wedding or even to wish someone healing after illness or injury. After the ceremony, take in performances of traditional music and dance for a glimpse of the richness of Lao culture.

This evening will be our final farewell dinner and an opportunity to reflect on everything we experienced.

Meals: Breakfast, Dinner

DAY 17 SUNDAY, FEBRUARY 21 RETURN HOME

Depending on departure flight time, today is a day at leisure to relax and enjoy the hotel's facilities or maybe participate in an optional tour such as an elephant experience or cooking class.

Meals: Breakfast





AMADARA

AmaDara sails exclusively on the Mekong River, offering an intimate experience with just 124 guests on board. The ship's design blends French colonial elegance with Southeast Asian artistry, creating a setting that reflects the character of the region. Elegance reigns supreme while you gaze at the scenic landscapes of Vietnam and Cambodia from spacious staterooms. All staterooms and suites feature twin balconies — both a step-out and a French balcony — so the sights and sounds of the Mekong are always close at hand. Evenings often bring the ship to life in the Saigon Lounge, where guests gather for cultural performances and conversation. With spacious accommodations, a Sun Deck pool and attentive service, AmaDara offers a distinctive and welcoming way to explore Vietnam and Cambodia.



EAT & DRINK

Your taste buds will delight in sumptuous dishes during your river cruise. The Mekong Restaurant serves elegant cuisine inspired by the regions along the river, and The Chef's Table offers a multi-course tasting menu in an intimate setting. Enjoy drinks and light bites in the Saigon Lounge, a welcoming space for gathering with fellow travelers.

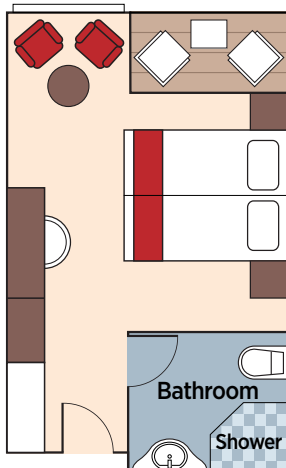
ONBOARD WELLNESS

There's a variety of ways to relax and recharge on board AmaDara: a fitness room, a sauna, a hair and nail salon, and two massage rooms, along with a Sun Deck pool that overlooks the Mekong River. These spaces offer a balance of activity and relaxation, perfect for unwinding after a day exploring temples, local villages, and more.

STATEROOMS + DECK PLANS



French Balcony Outside Balcony



CATEGORY A

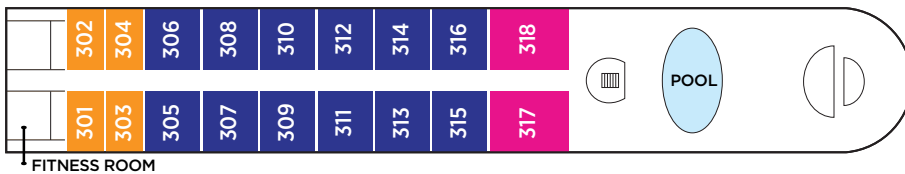
Saigon Deck
French Balcony + Outside Balcony
251 sq. ft.

CATEGORY B

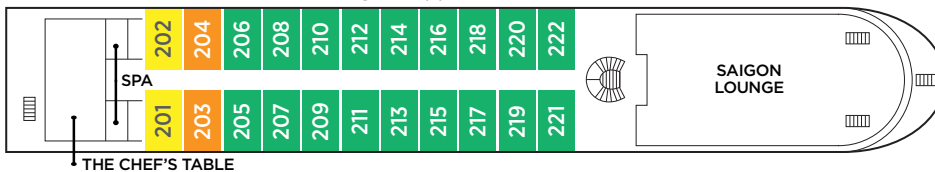
Sadec, Saigon & Tonle Decks
French Balcony + Outside Balcony
251 sq. ft.

Stateroom layouts are not to scale.

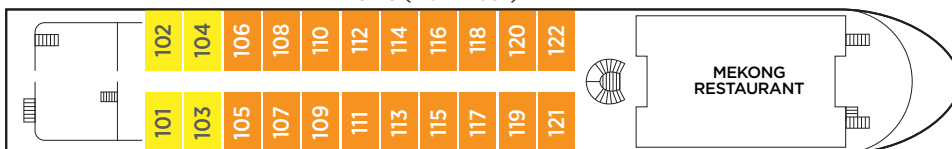
Sadec (Sun Deck)



Saigon (Upper Deck)



Tonle (Main Deck)



ACCOMMODATIONS

Settle into elegantly designed staterooms where comfort meets style. Wake to river views from outside twin balconies and feel at home in spaces created for rest, reflection and quiet indulgence.

STATEROOM FEATURES

Every suite and stateroom on board features both a step-out and French balcony for fresh air and river views

Sitting area ideal for admiring incredible scenery

Individually controlled air conditioning

Luxurious linens and mattresses

Writing desk, bathrobes, slippers, mini bar, satellite TV, safe and phone for use onboard

Spacious suites with substantial sitting area, spacious bathroom with shower and separate tub, generous private balcony

Please note that the AmaDara is not equipped with an elevator.

TECHNICAL DATA

Built	2015
Length	302 ft.
Width	46 ft.
Crew	52
Staterooms	62
Passengers	124
Registry	Vietnam

TOUR REGISTRATION

MAYO CLINIC MEKONG RIVER CRUISE | February 5-17, 2027

Please indicate your preferred cabin category:

- Category B (Double Occupancy) \$8,525 per person
- Category B (Single Occupancy) \$10,695 per person
- Category A (Double Occupancy) \$8,895 per person
- Category A (Single Occupancy) \$11,180 per person

LAOS EXTENSION | February 17-21, 2027

- Laos Extension (Double Occupancy) \$2,445 per person
- Laos Extension (Single Occupancy) \$2,785 per person

All prices are quoted per person, based on stated occupancy and include items listed under Tour Inclusions.

- Please provide me with a quote for travel insurance.
- Enclosed is:
 - 30% (of total trip cost, including extension if applicable, per person) initial deposit for _____ people
 - 25% (of total trip cost, including extension if applicable, per person) second deposit (Due 8/14/2026)
 - Full Payment (Due 11/13/2026)
- Please bill my credit card:
 - American Express
 - Visa
 - MasterCard

ACCOUNT # _____ EXP. DATE _____ CVV CODE _____

SIGNATURE _____

TRAVELER 1 NAME (legal name as it appears on your passport) _____

TRAVELER 2 NAME (legal name as it appears on your passport) _____

TRAVELER 1 NAME PREFERENCE (for name badge) _____

TRAVELER 2 NAME PREFERENCE (for name badge) _____

TRAVELER 1 DATE OF BIRTH _____ TRAVELER 2 DATE OF BIRTH _____

EMAIL _____

ADDRESS _____

CITY/STATE/ZIP CODE _____

HOME PHONE/CELL PHONE _____

- I have read and agree to the terms and conditions of this brochure.

SIGNATURE _____

TOUR INCLUSIONS

INCLUDED

- All airport/hotel/ship transfers in Vietnam, Cambodia and Laos*
- Accommodations in Ho Chi Minh City/Saigon (2 nights), aboard AmaDara ship (7 nights), Siem Reap (2 nights) and Luang Prabang* (4 nights)
- Guided sightseeing as outlined in itinerary
- All meals as listed in itinerary
- All entrance fees for included tours
- Cruise port charges and shipboard gratuities
- Services of professional drivers and guides
- Carrousel Travel escort

**Laos inclusions are for those extending on to Luang Prabang, Laos.*

NOT INCLUDED

- Roundtrip international flights**
- Internal flights for Luang Prabang, Laos extension
- Tourist visas
- Supplier fuel surcharges (if any)
- Airline baggage fees (if any)
- Items of personal nature
- Anything not listed under Tour Inclusions

***We have a dedicated VIP international air team ready to assist. Every effort will be made to book travelers on the same flights.*

TERMS & CONDITIONS

RESERVATIONS Reservations must be accompanied by a signed registration form and a per person deposit of 30% of the total trip cost, including extension if applicable. A second per person deposit of 25% of the total trip cost is due by August 14, 2026. Payments can be made by check or credit card. Checks should be made payable to Carrousel Travel. Final payment is due November 13, 2026. A reminder notice will be sent prior to the final payment date.

CANCELLATIONS All cancellations must be received in writing and are subject to the following penalties. All deposits are non-refundable. Cancellations received on or after November 13, 2026 will be subject to 100% penalty.

INSURANCE Carrousel Travel highly recommends travel insurance for your protection. We will provide an insurance application to all tour participants.

RESPONSIBILITY In offering these travel arrangements, Carrousel Travel (CT) acts as an agent for the sale of air transportation and other travel related services. CT takes great care in selecting its suppliers, but it does not control or guarantee personnel, equipment or operations of anyone furnishing accommodations, products or other services in connection with the travel arrangements. Therefore, CT is not able to assume responsibility for injury, damage, expense, inconvenience or any other loss experienced in connection with the travel or services. CT's control is limited to its own employees and it is responsible for the acts or omissions of such employees. The type of loss over which CT has no control and for which CT cannot be responsible for includes, without limitation; (1) any act or omission on the part of any supplier of services or other party who is not under the direct control of CT; (2) any defect or failure of any vehicle, equipment, product or service which is owned, operated or otherwise used by a supplier; (3) any financial problems of a supplier which causes non-performance by that supplier; or (4) any other cause, condition or event which is beyond the direct control of CT. Without limiting the effect of the foregoing, CT is a company of integrity and responsibility and will do everything within its capabilities to fulfill your travel arrangements. CT does not control the rates, bookings or reservation policies of any supplier and while CT will do everything possible to maintain these matters, they cannot be guaranteed. During the trip, you may have the opportunity to participate in various optional activities, such as water sports and other athletic activities or excursions. CT does not control any of these activities and will not be liable for any injury, damage, loss, expense, accident, delay, inconvenience or irregularity arising out of or relating to such participation. Your baggage and personal effects are your responsibility at all times. CT reserves the right to withdraw any tour member from a tour if the conduct of such a member is incompatible with the interests of the group as a whole. Your retention of tickets, reservations or final tour documents after issuance by CT shall constitute consent to these provisions. The conditions outlined above also pertain to the Mayo Clinic and Mayo Health Systems.

Submit completed registration by fax to 612-866-9644 or email to mayo@carrouseltravel.com or mail with check payable to:

Carrousel Travel
Attn: Group Department
Two Meridian Crossings, Suite 200
Minneapolis, MN 55423

Please include a photocopy of the photo page of your passport.