



L&L

# JAPAN

**2-NIGHT TOKYO DISCOVERY + 12-NIGHT CRUISE**

**JUNE 16-JULY 1, 2026**

PRESENTED TO THE STAFF OF MAYO CLINIC ROCHESTER, SCOTTSDALE, JACKSONVILLE & MAYO HEALTH SYSTEMS





# JOIN US

Join your Mayo Clinic friends for a Japanese Adventure sailing in June 2026 aboard the Celebrity Cruises *Millennium*.

During a cruise to Japan with Celebrity, you'll visit extraordinary cities with an ancient culture that seamlessly blends with the country's ultra-modern architecture and lifestyle. Japan cruises offer you the chance to discover captivating Shinto shrines, stroll through meticulously-planned formal gardens, savor the freshest sushi, and visit some of the world's most beautiful mountain scenery.

Visit Tokyo, where you can explore the city's intricate temples, shop in its bustling markets, and enjoy its diverse and delicious food. You'll also visit Kyoto, where Buddhist temples and the gracefully curved nagare-zukuri style of architecture contribute to the city's celebrated beauty. Admire Mount Fuji, the highest mountain in the country, its snow-capped cone a symbol of Japan. Uncover the rich history, serene nature, and modern buzz of Japan on a cruise with Celebrity Cruises.

## **AUTHENTIC CULTURAL EXPERIENCES**

Japan has one of the deepest, best-preserved cultures anywhere on earth, and you'll get to experience this first-hand on cruises to Japan. In Tokyo, with its skyscrapers and Shinto shrines side-by-side, you'll feel the intricate balance of old and new Japanese culture. In Kyoto, explore more than 1,600 temples and shrines, including the iconic Kinkaku-Ji, or "Golden Pavilion." Enjoy traditional Japanese music, folkloric dance, and art, all on one incredible journey that brings you cultural enrichment at every turn.

## **UNIQUE CUISINE**

Dining in Japan is a treat, offering extraordinary diversity, creativity, and adventurous ingredients. You can find fresh, delicious sushi and sashimi, but look out, too, for fantastic yakitori (skewered chicken), tempura (vegetables or seafood fried in a light batter), udon (thick wheat noodles), and much more.

## **NATURAL WONDERS**

Japan is a land of natural beauty and wonder, and you'll have the opportunity to see some of the country's most beautiful natural sights during your cruise. Visit majestic mountains, sacred hot springs, and charming botanical gardens. Enjoy cherry blossoms in spring, or see the stunning red leaves of fall. No matter when you choose to cruise, Japan's natural beauty will be on display for you to cherish.



# SOUTH KOREA

# JAPAN

○ **BUSAN**

**KYOTO** ○

○ **TOKYO**

○ **MT. FUJI**

*Kanmon Strait*

○ **KOCHI**

*Pacific Ocean*

○ **NAGASAKI**

○ **KAGOSHIMA**

## ITINERARY

DAY	DATE	PORT	ARRIVAL	DEPARTURE
TUESDAY	JUNE 16	FLIGHT TO JAPAN	OVERNIGHT FLIGHT	
WEDNESDAY	JUNE 17	TOKYO, JAPAN	HOTEL OVERNIGHT	
THURSDAY	JUNE 18	TOKYO, JAPAN	HOTEL OVERNIGHT	
FRIDAY	JUNE 19	TOKYO, JAPAN	EMBARK	4:30 PM
SATURDAY	JUNE 20	DAY AT SEA		
SUNDAY	JUNE 21	KYOTO (OSAKA), JAPAN	8:00 AM	OVERNIGHT
MONDAY	JUNE 22	KYOTO (OSAKA), JAPAN		6:00 PM
TUESDAY	JUNE 23	KOCHI, JAPAN	8:00 AM	5:00 PM
WEDNESDAY	JUNE 24	DAY AT SEA		
THURSDAY	JUNE 25	BUSAN, SOUTH KOREA	7:00 AM	5:00 PM
FRIDAY	JUNE 26	NAGASAKI, JAPAN	8:00 AM	7:00 PM
SATURDAY	JUNE 27	KAGOSHIMA, JAPAN	7:00 AM	5:00 PM
SUNDAY	JUNE 28	DAY AT SEA		
MONDAY	JUNE 29	MT. FUJI (SHIMIZU), JAPAN	7:00 AM	6:00 PM
TUESDAY	JUNE 30	TOKYO, JAPAN	8:00 AM	OVERNIGHT
WEDNESDAY	JULY 1	TOKYO, JAPAN		DISEMBARK





# ITINERARY

## **DAY 1 | TUESDAY, JUNE 16, 2026** **INTERNATIONAL FLIGHT TO JAPAN**

Depart from your home city on your overnight flight to Tokyo, Japan. (In-flight meals)

## **DAY 2 | WEDNESDAY, JUNE 17, 2026** **TOKYO, JAPAN**

After crossing the International Date Line, arrive in Tokyo and transfer to your hotel. The remainder of your day is free to relax, explore, or rest after your long journey.

Even though Tokyo is among the largest, most frenetic cities in the world, it's still able to maintain a great deal of efficiency and charm.





Amid the endless buzzing neon signs and the overhead cable webs, Tokyo is home to some of the world's most impressive architecture, stylish shops and 4-star restaurants. Sushi lovers will revel in Tokyo's offering of the famous dish. And the city's "Ramen Zones" serve up unique noodle dishes where slurping is encouraged. Visit the Tokyo Tower for heart-pounding panoramic views of the city way atop the 492-foot high Grand Observation Deck. And just a short distance outside of the clamor the city is a whole different world. In the surrounding small towns and villages you'll get a glimpse into Japan's rich culture and traditions. Here you'll discover scores of wooden residential homes, ancient temples, shrines and imperial gardens. From the frenzy-filled metropolis to the tranquil bonsai-tree-lined neighborhoods, Tokyo is truly a study in delightful contrast.

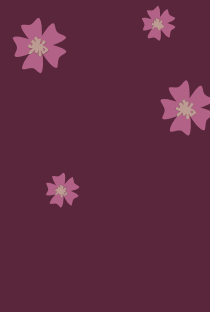
Overnight in Tokyo.

### **DAY 3 | THURSDAY, JUNE 18, 2026 TOKYO, JAPAN**

After breakfast, meet your guide for a discovery tour of Tokyo including the serene Meiji Jingu Shinto Shrine, a vibrant local market, bustling Asakusa District and more.

The afternoon and evening are yours to explore Tokyo as you wish before we set sail on our cruise tomorrow.

Overnight in Tokyo. (B)







**DAY 4 | FRIDAY, JUNE 19, 2026**  
**EMBARK IN TOKYO, JAPAN**  
 Depart: 4:30 pm

Enjoy breakfast at your hotel before transferring to the cruise port to board *Celebrity Millennium* and begin your sailing journey. Get settled into your cabin and prepare for your first night on board. (B, D)

**DAY 5 | SATURDAY, JUNE 20, 2026**  
**DAY AT SEA**

Spend the day discovering all of the fun *Celebrity Millennium* has to offer. Enjoy an amazing array of flavors and a wide selection of restaurants to suit every mood. Be amazed by the breathtaking views in the Sky Lounge. Spin the roulette wheel or play the slot machines in the onboard

casino. For a refresher, take a dip in the pool or rejuvenate in the whirlpool. (B, L, D)

**DAY 6 | SUNDAY, JUNE 21, 2026**  
**KYOTO (OSAKA), JAPAN**  
 Docked: 8:00 am (Overnight)

See Osaka, Japan's second largest city, and home to beloved historic sites, plus ancient weaponry and relics displays. Built in the 16th century by Toyotomi Mideyoshi, the warlord who then controlled Japan, Osaka Castle offers extensive displays of weapons, armor, and folk life relics of that era. The ancient Sumiyoshi Taisha Shrine and its sanctuaries are designated national treasures.

Stroll through the Dotonbori district, a must-see for visitors to Osaka. Here you can experience the city's well-known reputation as a foodie's paradise.





The streets are crowded with restaurants, bars, and street-side food stalls that serve everything from kebabs and crabs to fugu and shabu shabu. (B, L, D)

## **DAY 7 | MONDAY, JUNE 22, 2026** **KYOTO (OSAKA), JAPAN**

Depart: 6:00 pm

A second day in Osaka means even more time to discover both ancient and modern Japanese history and culture. Visit Osaka Aquarium, one of the world's largest aquariums which has over 580 species of sea life on display, or Universal Studios Japan, the company's first theme park outside of the U.S. Kyoto served as the nation's capital for more than 1,000 years and is home to 17 different World Heritage Sites including Kiyomizudera Temple and Heian Jingu Shrine. (B, L, D)

## **DAY 8 | TUESDAY, JUNE 23, 2026** **KOCHI, JAPAN**

Docked: 8:00 am-5:00 pm

The capital of Kochi Prefecture on the southern coast of Shikoku is small, friendly, and boasts several attractions of interest to travelers. Make sure to enjoy some Katsuo no tataki, Kochi's most famous dish, and visit the temple and botanical garden at Mount Godaisan. (B, L, D)

## **DAY 9 | WEDNESDAY, JUNE 24, 2026** **DAY AT SEA**

While at sea, take the time to recharge before the next adventure. Lounge by the pool, be spoiled at the spa, taste the delicacies or explore the venues on-board, until we arrive at the next amazing destination. (B, L, D)





**DAY 10 | THURSDAY, JUNE 25, 2026**  
**BUSAN, SOUTH KOREA**

Docked: 7:00 am-5:00 pm

It is Busan's premier trading port, adjacent to the Korean Straits and Japan, that makes it an international metropolis but its beautiful sea vistas that make it a charming place to unwind. Experience the serenity of Beomeo-sa Temple, climb the Busan Tower in Yongdusan Park and rejuvenate at Hushimchung Spa. (B, L, D)

**DAY 11 | FRIDAY, JUNE 26, 2026**  
**NAGASAKI, JAPAN**

Docked: 8:00 am-7:00 pm

Historically rich Nagasaki features beautiful seaside scenery and fabulous nighttime views from its mountain slopes. Secluded hot springs, fascinating museums, and ornate temples live

side by side in this exciting city. Ten natural parks grace the area, and unique festivals can be experienced throughout the year. Walk through streets influenced by both Chinese and European cultures in fascinating Nagasaki. (B, L, D)

**DAY 12 | SATURDAY, JUNE 27, 2026**  
**KAGOSHIMA, JAPAN**

Docked: 7:00 am-5:00 pm

Kagoshima is the southernmost city on Japan's bullet train network and the capital of Kagoshima Prefecture. The city is often compared with its Italian sister city, Naples, due to a similarly mild climate, streets lined with palm trees, and Sakurajima, Kagoshima's version of Vesuvius. Near port, find the fascinating Kagoshima aquarium, traditional Senganen Japanese gardens, museums, the Shiroyama mountain-top park with a view over the city,





and Yakushima Island, a registered world heritage site. Plus, an abundance of hot springs, mud baths, and spas to promote serenity and relaxation. (B, L, D)

**DAY 13 | SUNDAY, JUNE 28, 2026**  
**DAY AT SEA**

Relax, recharge, and spend time reminiscing on the last two weeks of adventure with friends old and new. (B, L, D)

**DAY 14 | MONDAY, JUNE 29, 2026**  
**MT. FUJI (SHIMIZU), JAPAN**  
Docked: 7:00 am-6:00 pm

On clear days Mount Fuji (Fuji-san in Japanese) is visible from as far as Tokyo, 60 miles away. When Japan's highest mountain is capped with snow, it's a picture-postcard perfect volcanic cone.

One of the best-known symbols of Japan, this iconic mountain has been considered sacred since ancient times and was even forbidden to women until the early 1900s. (B, L, D)

**DAY 15 | TUESDAY, JUNE 30, 2026**  
**TOKYO, JAPAN**  
Docked: 8:00 am (Overnight)

Return once again to fascinating Tokyo. Immerse yourself in the vibrant energy of this dynamic international hub. (B, L, D)

**DAY 16 | WEDNESDAY, JULY 1, 2026**  
**DISEMBARK IN TOKYO, JAPAN**  
Disembark

After docking overnight in Tokyo, disembark for your journey home. (B)

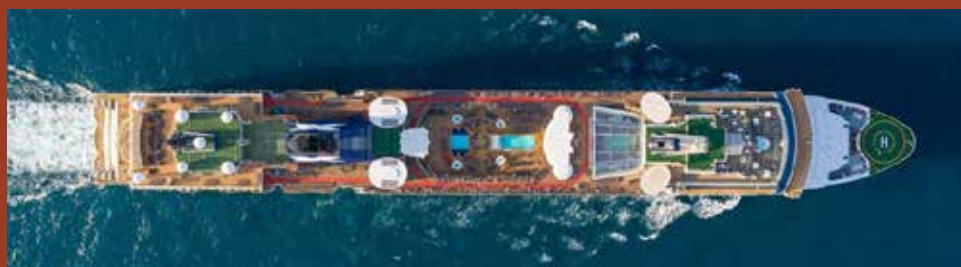


# MILLENNIUM

*Celebrity Millennium*® is making even more waves in the cruise world with its breathtaking upgrades, and now as one of the first cruise ships in the world to receive a Four-Star Rating by Forbes Travel Guide. From adding brand new staterooms and elevating design concepts and technology across the ship to adding The Retreat®, an exclusive experience including The Retreat Sundeck and The Retreat Lounge, the change is phenomenal. These new venues combined with our award-winning Luminae are sure to please.

Marvel at completely new bathroom modernizations. Wine and dine in reimagined restaurants and lounges, including the main dining room, Oceanview Café, Sunset Bar, and Rendezvous Lounge. Surrender your senses in the newly redesigned spa. Shop in new retail boutiques. Change the way you experience the world aboard *Celebrity Millennium*.

<b>OCCUPANCY</b>	2,218	<b>CRUISING SPEED</b>	24 kts
<b>TONNAGE</b>	91,011	<b>DRAUGHT</b>	26 ft
<b>LENGTH</b>	965 ft	<b>BUILT</b>	2000
<b>BEAM</b>	105 ft	<b>REFURBISHED</b>	2019



## ONBOARD EXPERIENCE

Welcome aboard! An exciting variety of experiences await. There's something for every traveler, from the young to the young at heart. With four categories of interest—Savor, Discover, Renew, and Play—let your passions lead the way for a personalized journey you'll never forget.

For modern travelers, it's about being fully immersed in new destinations and cultures without sacrificing comfort and style. Celebrity makes the destination experience even more immersive, starting right on board.



# CABIN CATEGORIES

## INSIDE CABIN

**170 SQ. FT.**

Your escape at sea, Inside Staterooms offer ample living space, including a sitting area and a flat screen TV. Each inside stateroom on board Celebrity includes world-class amenities.



## OCEANVIEW CABIN

**170 SQ. FT.**

Expansive views make Oceanview Staterooms the ideal place to unwind at sea. These perfectly indulgent spaces are furnished with world-class amenities and everything else a modern traveler needs.



## CONCIERGE CABIN

**191 SQ. FT. | VERANDA 42 SQ. FT.**

A dedicated concierge is always just steps away to assist with your vacation needs. With new services, amenities, and exclusive events, step inside and discover a space that is so much more than a room—it's an experience. Plus, enjoy your own outdoor space on your balcony!



### EAT & DRINK

Experience a culinary adventure and satisfy your appetite every night with sumptuous dining every moment of your vacation. From Chef's Table by Chef Daniel Boulud to Tuscan Grille, Le Petite Chef, and so much more.

### THINGS TO DO

The onboard activities and entertainment will make your vacation an unforgettable adventure. Celebrity believes incredible experiences should happen 24/7 so there's always something to do. Come out and play!

### SPA & FITNESS

Experience the gold standard of healthful living and wellness at The Spa. Rejuvenate your senses with leading-edge fitness equipment and classes, as well as spa and beauty services.



# JAPAN CRUISE REGISTRATION

**MAYO CLINIC JAPAN CRUISE | JUNE 16-JULY 1, 2026**

Please indicate your preferred cabin category:

- |  |                     |
|--|---------------------|
| <input type="checkbox"/> Inside Cabin ( <i>Double Occupancy</i> )              | \$6,615 per person  |
| <input type="checkbox"/> Inside Cabin ( <i>Single Occupancy</i> )              | \$9,630 per person  |
| <input type="checkbox"/> Oceanview Cabin ( <i>Double Occupancy</i> )           | \$7,030 per person  |
| <input type="checkbox"/> Oceanview Cabin ( <i>Single Occupancy</i> )           | \$10,460 per person |
| <input type="checkbox"/> Concierge Cabin w/Balcony ( <i>Double Occupancy</i> ) | \$9,215 per person  |
| <input type="checkbox"/> Concierge Cabin w/Balcony ( <i>Single Occupancy</i> ) | \$14,725 per person |

**Please note: some cabin categories may be limited and will be confirmed on a first-come, first-served basis.**

*All prices are quoted per person, based on stated occupancy and include all items listed under the Tour Inclusions.*

- ☐ Please provide me with a quote for travel insurance.
- ☐ Enclosed is:
- ☐ \$2,000/person deposit for \_\_\_\_ people
- ☐ Full Payment (Due 2/6/2026)
- ☐ Please bill my credit card:
- ☐ American Express      ☐ Visa      ☐ MasterCard

ACCOUNT #      EXP. DATE      CVV CODE

SIGNATURE

TRAVELER 1 NAME (legal name as it appears on your passport)

TRAVELER 2 NAME (legal name as it appears on your passport)

TRAVELER 1 NAME PREFERENCE (for name badge)

TRAVELER 2 NAME PREFERENCE (for name badge)

TRAVELER 1 DATE OF BIRTH      TRAVELER 2 DATE OF BIRTH

EMAIL

ADDRESS

CITY/STATE/ZIP CODE

HOME PHONE/CELL PHONE

- ☐ I will require airfare from a city other than Minneapolis/St. Paul.

DEPARTURE CITY: \_\_\_\_\_

AIRLINE SEATING PREFERENCE

- |             |                                |                                 |                                   |
|-------------|--------------------------------|---------------------------------|-----------------------------------|
| TRAVELER 1: | <input type="checkbox"/> Aisle | <input type="checkbox"/> Window | <input type="checkbox"/> Adjacent |
| TRAVELER 2: | <input type="checkbox"/> Aisle | <input type="checkbox"/> Window | <input type="checkbox"/> Adjacent |

- ☐ I have read and agree to the terms and conditions of this brochure.

SIGNATURE

# TOUR INCLUSIONS

## INCLUDED

- Roundtrip international economy-class airfare from Minneapolis/St. Paul (MSP) to Tokyo, Japan
- Roundtrip transfers between Rochester and MSP
- All airport, hotel and ship transfers during the trip
- Two night pre-stay package in Tokyo including hotel accommodations, transportation and sightseeing as outlined in the itinerary
- Twelve nights cruise cabin accommodations aboard the *Celebrity Millennium* in the cabin category of your choice
- All meals and snacks on board the ship
- Onboard beverage package including select alcoholic and non-alcoholic beverages
- Onboard entertainment and activities
- Wi-fi connectivity throughout the cruise
- Shipboard gratuities
- Taxes, fees and port charges
- Services of a Carrousel Travel Escort throughout the trip

## NOT INCLUDED

- Shore excursions in ports
- Cash gratuity to guides and bus drivers for your selected shore excursions & tours (this is voluntary and at your discretion)
- Airline fuel surcharges (if any)
- Airline baggage fees (if any)
- Travel insurance
- Items of personal nature
- Anything not listed under Tour Inclusions

# TERMS & CONDITIONS

**RESERVATIONS** Reservations must be accompanied by a signed registration form and a \$2,000 per person deposit. Payments can be made by check or credit card. Checks should be made payable to Carrousel Travel. Final payment is due February 6, 2026. A reminder notice will be sent prior to the final payment date.

**CANCELLATIONS** All cancellations must be received in writing and are subject to the following penalties. All deposits are non-refundable. Cancellations received on or after February 6, 2026 will be subject to 100% penalty.

**INSURANCE** Carrousel Travel highly recommends travel insurance for your protection. We will provide an insurance application to all tour participants.

**RESPONSIBILITY** In offering these travel arrangements, Carrousel Travel (CT) acts as an agent for the sale of air transportation and other travel related services. CT takes great care in selecting its suppliers, but it does not control or guarantee personnel, equipment or operations of anyone furnishing accommodations, products or other services in connection with the travel arrangements. Therefore, CT is not able to assume responsibility for injury, damage, expense, inconvenience or any other loss experienced in connection with the travel or services. CT's control is limited to its own employees and it is responsible for the acts or omissions of such employees. The type of loss over which CT has no control and for which CT cannot be responsible for includes, without limitation; (1) any act or omission on the part of any supplier of services or other party who is not under the direct control of CT; (2) any defect or failure of any vehicle, equipment, product or service which is owned, operated or otherwise used by a supplier; (3) any financial problems of a supplier which causes non-performance by that supplier; or (4) any other cause, condition or event which is beyond the direct control of CT. Without limiting the effect of the foregoing, CT is a company of integrity and responsibility and will do everything within its capabilities to fulfill your travel arrangements. CT does not control the rates, bookings or reservation policies of any supplier and while CT will do everything possible to maintain these matters, they cannot be guaranteed. During the trip, you may have the opportunity to participate in various optional activities, such as water sports and other athletic activities or excursions. CT does not control any of these activities and will not be liable for any injury, damage, loss, expense, accident, delay, inconvenience or irregularity arising out of or relating to such participation. Your baggage and personal effects are your responsibility at all times. CT reserves the right to withdraw any tour member from a tour if the conduct of such a member is incompatible with the interests of the group as a whole. Your retention of tickets, reservations or final tour documents after issuance by CT shall constitute consent to these provisions. The conditions outlined above also pertain to the Mayo Clinic and Mayo Health Systems.

Submit completed registration by fax to 612-866-9644 or email to [mayo@carrouseltravel.com](mailto:mayo@carrouseltravel.com) or mail with check payable to:

Carrousel Travel  
Attn: Group Department  
6625 Lyndale Avenue South, Suite 104  
Minneapolis, MN 55423

**Please include a photocopy of the photo page of your passport.**

**For more information, please email: [mayo@carrouseltravel.com](mailto:mayo@carrouseltravel.com) or call Sara or Amanda at (612) 866-2503 or (800) 800-6508**