



IRELAND

SEPTEMBER 22-OCTOBER 2, 2024

SCOTLAND EXTENSION

OCTOBER 2-7, 2024

PRESENTED TO THE STAFF OF MAYO CLINIC ROCHESTER, SCOTTSDALE, JACKSONVILLE & MAYO HEALTH SYSTEMS

MAYO CLINIC IRELAND TOUR

HIGHLIGHTS

Stay in **deluxe hotels** in each city, many of which are easily accessible to the city center

Discover the capital city of **Dublin**

Have a pint of the black stuff at the Gravity Bar in the **Guinness Storehouse** and learn to pour the perfect pint

Stroll the magnificent and elaborate **Powerscourt Gardens** outside of Dublin

Travel the scenic winding roads around the **Ring of Kerry**

Hike along the **Cliffs of Moher** for panoramic views of the Atlantic Ocean 700 feet below

Live like royalty during a two-night stay at the legendary **Ashford Castle**

Experience the Titanic's doomed voyage at the **Titanic Belfast Museum**

Climb the 40,000 uniform basalt columns of the **Giant's Causeway**





DAY 1 | SUNDAY, SEPTEMBER 22
FLIGHT TO DUBLIN, IRELAND

Depart on an overnight flight to Dublin to start our Ireland and Scotland adventure.

DAY 2 | MONDAY, SEPTEMBER 23
DUBLIN, IRELAND

Welcome to Dublin!

Explore Dublin starting with visits to St. Patrick's Cathedral and Trinity College (Book of Kells).

A stunning stalwart of medieval Dublin, **ST. PATRICK'S CATHEDRAL** offers a rich cultural experience with its 800-year history.

The largest cathedral in the country and one-time post of Jonathan Swift, author of Gulliver's Travel, St. Patrick's Cathedral is a stunning work of gothic architecture, with its Lady Chapel, dating from 1270, recently being restored to its original glory.

Be sure to explore the building, stopping into the Lives Remembered exhibition and its specially commissioned tree sculpture in memory of World War 1. A true highlight is its choir, which performs during school terms and in the Lady Chapel.

An exquisite combination of intricate illuminations and Latin text, the Book of Kells is housed in the magic-tinged library in **TRINITY COLLEGE**, Dublin.

A 9th-century masterpiece, the **BOOK OF KELLS** is a unique insight into a rich part of Ireland's culture for bibliophiles and non- bibliophiles alike. Learn how the famous medieval manuscript was created, explore a spectacular library home to more than 200,000 texts, and come to understand an ornate part of history.

Gather with your fellow Mayo Clinic travelers for a welcome to Ireland dinner.

Meals: Dinner

Overnight: Hyatt Centric The Liberties Dublin



DAY 3 | TUESDAY, SEPTEMBER 24 DUBLIN, IRELAND

Breakfast is included at the hotel.

Relax into a hidden horticultural gem in **POWERSCOURT ESTATE**, a long-standing heritage property with winding walks, beautiful gardens, and glorious flora.

Unravel historical treasures with a global flair, including gates from Venice, statues from Rome, and antiquated Irish allure in Avoca, a charming terrace café.

Perfect for leisurely walks or lengthy exploration, Powerscourt Estate and Gardens brings nature to life.

Around the world, Ireland is known for its Guinness, its famous dry stout. No trip to Ireland is complete without a visit to the **GUINNESS STOREHOUSE**, an interactive multi-story sensory

extravaganza in the heart of the city center at St James Gate Brewery.

With a 250-year history, you'll be taken through the intricate architecture of the seven-story building, discover age-old secrets of Guinness, visit the tasting rooms, and learn to pour the perfect pint.

Complete your visit with the symbolic "Head of the Pint," at the Gravity Bar, a top-floor bar with breath-taking panoramic views of Dublin city.

Meals: Breakfast

Overnight: Hyatt Centric The Liberties Dublin

DAY 4 | WEDNESDAY, SEPTEMBER 25 DUBLIN TO KILLARNEY, IRELAND

Breakfast is included at the hotel.

Visit the old fortress on the **ROCK OF CASHEL**. This limestone rock, crowned with secular and religious buildings, dominates the countryside.



St. Patrick, Ireland's patron saint, baptized King Aengus here in the 5th century.

Visit **BLARNEY CASTLE**, built nearly six hundred years ago by one of Ireland's greatest chieftains. Legend tells us that the Blarney stone situated on the grounds of Blarney Castle imparts the gift of eloquence to those who kiss it.

This evening enjoy dinner at your hotel.

Meals: Breakfast, Dinner
Overnight: Great Southern Killarney

**DAY 5 | THURSDAY, SEPTEMBER 26
KILLARNEY, IRELAND**

Breakfast is included at the hotel.

Today travel the road that winds around the beautiful Iveragh Peninsula, better known as "**THE RING OF KERRY.**" It is undoubtedly one of the most magical places in all Ireland. Here mountains,

valleys, lakes and sea blend into a landscape that is often breathtaking beyond words.

Join a local specialist for a scenic guided walk at Torc Waterfall, strolling over wooded paths and lakeshore trails. Hear stories of the surroundings and learn about the flora and fauna, while finishing your hike at the magnificent Muckross Estate & Gardens.

Take a step back in time to the 1930s and '40s, with a visit to **MUCKROSS FARM** in the picturesque village of Killarney, Kerry. 1930's Ireland was a very different place with no electricity or the easy luxuries of modern life. Live like the Irish did in days gone by as you visit three separate working farms which are furnished in traditional style, including settlebeds and mealbins, and then call into the laborer's cottage, a carpenter's workshop, and a blacksmith's forge. Your last stop is the schoolhouse where students footed turf for open fires.

Meals: Breakfast
Overnight: Great Southern Hotel



**DAY 6 | FRIDAY, SEPTEMBER 27
KILLARNEY TO GALWAY, IRELAND**

Breakfast is included at the hotel.

Cross the Shannon Estuary by ferry.

A natural masterpiece, the **CLIFFS OF MOHER** are a must-see for any trip to Ireland. Set against the crashing waves of the Atlantic Ocean, the Cliffs tower a striking distance above the sea. Named a UNESCO Global Geopark, the Cliffs are best experienced on a walk or trek across the clifftop. Watch birds, study plants, and keep an eye on the water for breaks of dolphin pods or sharks. Come to know the myths and magic of the Cliffs of Moher with sights including the Tower viewpoint, the Aran Islands, and the Hags Head.

Meals: Breakfast
Overnight: Connemara Coast Hotel

**DAY 7 | SATURDAY, SEPTEMBER 28
ASHFORD CASTLE**

Breakfast is included at the hotel.

Enjoy a leisurely cruise on **LOUGH CORRIB**, the largest lake in the Republic of Ireland. The River Corrib connects this lake to the sea at Galway, and Ashford Castle is nestled right on the lake shore. This cruise includes a stop and guided tour on the historic island of Inchagoill.

This evening enjoy dinner at Cullen's at the Cottage.

Meals: Breakfast, Dinner
Overnight: Ashford Castle

**DAY 8 | SUNDAY, SEPTEMBER 29
ASHFORD CASTLE**

Breakfast is included at the hotel.



Spend your day at leisure exploring the **ASHFORD CASTLE** grounds and discovering the endless opportunities for fun and relaxation, from outdoor activities and experiences to indulgent spa treatments.

Dine like royalty this evening at the castle's George V Restaurant.

Meals: Breakfast, Dinner
Overnight: Ashford Castle

DAY 9 | MONDAY, SEPTEMBER 30 BELFAST, NORTHERN IRELAND

Breakfast is included at the hotel.

Visit **BELLEEK CHINA** and take a guided tour covering all of the production areas and even offering you the possibility of meeting and chatting with the talented craftspeople.

Take an extraordinary journey into the past with the **TITANIC BELFAST MUSEUM**, an ode to one of the most famous tragedies of our time.

Set across an iconic six-floor building with nine interactive galleries, you'll experience the Titanic through a miasma of stories, sights, and sounds.

Traverse the recently restored SS Nomadic, one of the Titanic's service boats, see artifacts from the ship itself, walk the decks, explore the shipyard, and comb through film director James Cameron's redeveloped galleries of the ship's launch day and maiden, ill-fated voyage in the city where it all began.

Meals: Breakfast
Overnight: Titanic Hotel Belfast

DAY 10 | TUESDAY, OCTOBER 1 BELFAST, NORTHERN IRELAND

Breakfast is included at the hotel.



Both the legendary handiwork of giant Finn McCool and an impressive rock structure forged from fire, the **GIANT'S CAUSEWAY** is a dramatic basalt structure which has inspired writers and artists the world over. A focal point as a designated Area of Outstanding Natural Beauty, learn about the history of the Giant's Causeway in the state-of-the-art visitor center. Enjoy stories of science and legend in the exhibition.

Meet a local specialist for a living history tour which takes you through the landmarks that have played their part in Belfast's colorful development. During the course of the tour, you will see many well-known features of the city including City Hall, Queens University, Ulster Museum, Botanic Gardens and Albert Clock.

Gather with your fellow Mayo Clinic travelers for a farewell drink this evening before heading out to dinner at your leisure.

Meals: Breakfast, Farewell Reception
Overnight: Titanic Hotel Belfast

DAY 11 | WEDNESDAY, OCTOBER 2
RETURN TO US OR CONTINUE TO SCOTLAND

Breakfast is included at the hotel.

Transfer to the airport for your return flight home, *or continue to Edinburgh for the optional extension in Scotland.*

Meals: Breakfast



SCOTLAND

Minimum of 16 participants required for the Scotland extension to operate.

DAY 11 | WEDNESDAY, OCTOBER 2 **EDINBURGH, SCOTLAND**

Breakfast is included at the hotel.

If you are continuing on to Scotland after the Mayo Clinic Ireland tour, transfer to Belfast airport for your flight to Scotland.

Meet your chauffeur and guide in the lobby of your hotel before heading out to explore Scotland.

Meals: Breakfast
Overnight: The Scotsman Hotel

DAY 12 | THURSDAY, OCTOBER 3 **EDINBURGH, SCOTLAND**

Breakfast is included at the hotel.

Explore the city of Edinburgh beyond the reach of tour buses and guidebooks. Your expert guide will take you to the places where history was made.

The characters? Think Mary Queen of Scots, David Hume, Adam Smith and Robert Burns. But you'll go far beyond the well-known facts and faces uncovering another side of the city, and Scotland's past. Discover the true stories of the capital's past, from crime and culture to politics and everyday events. Continue on to **EDINBURGH CASTLE**, dominating Scotland's capital city from its great rock. Battles and sieges were fought over it, royalty lived and died within its walls, and countless generations have been inspired by it. Visit the castle with your guide who will walk straight over the drawbridge, and straight past the ticket line to continue your history tour with a guided visit.

Open throughout the year, **HOLYROOD PALACE** is the official Edinburgh residence of the Queen and year-round home of Scottish royal history.

Standing at the end of Edinburgh's historic, picturesque Royal Mile, discover the Palace's ties with notable figures from history, including Mary Queen of Scots and the Bonnie Prince Charlie.



Explore 14 spectacular State Apartments, the ruins of the 12th-century Holyrood Abbey, and the sprawling splendor of the royal gardens.

Meals: Breakfast

Overnight: The Scotsman Hotel

DAY 13 | FRIDAY, OCTOBER 4
EDINBURGH TO INVERNESS, SCOTLAND

Breakfast is included at the hotel.

ST ANDREWS is known as the home of golf and is also home to one of the world's oldest universities.

Set amongst the magnificent scenery of Royal Deeside, in the shadows of Lochnagar is the **BALMORAL ESTATE**. Purchased by Queen Victoria in 1848, the Estate has been the Scottish Home of the British Royal Family ever since.

Meals: Breakfast

Overnight: Kingsmills Hotel

DAY 14 | SATURDAY, OCTOBER 5
INVERNESS, SCOTLAND

Breakfast is included at the hotel.

According to legend, **CAWDOR CASTLE** was built around a thorn tree that dates back to 1372. Catch a glimpse of the ancient tree from the depths of the castle's dungeons. With strong connections to Shakespeare's Macbeth, Cawdor Castle is a sumptuous treat for history buffs. A four-story tower-house, the Keep is still home to the Cawdor family, and is impeccably furnished with a sprawling Tapestry Bedroom, a fine Dining Room, and 19th-century kitchen. Be sure to walk the beautiful garden grounds and the Cawdor Big Wood, with paths to suit every activity level.

In 1746, two armies gathered in a vicious battle that would leave 1,600 men dead. It was the final battle of the Jacobite Rising, where the Duke of Cumberland's government troops fought Jacobite supporters on **CULLODEN BATTLEFIELDS**.



Now, more than 300 years later, the true story of the epic, last great battle on British soil is brought to life at the Culloden Visitor Center in interactive displays, an enthralling collection of curios and artifacts, a 360-degree battle immersion theatre, and a bracing visit to the memorial cairn, where the fallen Jacobite soldiers are buried.

Meals: Breakfast
Overnight: Kingsmills Hotel

DAY 15 | SUNDAY, OCTOBER 6
SCOTTISH HIGHLANDS

Breakfast is included at the hotel.

Travel through **GLENCOE**, one of Scotland's most famous and most scenic Highland glens.

One of the last remaining wildernesses in Europe, the **GREAT MOOR OF RANNOCH** is a beautiful outdoor space stretching far north and west from Rannoch Station.

There's no better way to experience **LOCH LOMOND**'s network islands and curious history than via the comfort of a cruise. Relax with a drink from the fully stocked bar as the Experience Cruise on Loch Lomond takes you on a stunning one-hour tour of the Loch's south basin with its views of the towering Ben Lomond, stately homes, and castles. Cross the Loch to Inchmurrin Island, and revel in the splendor of the ancient ruins of Lennox Castle, which sheltered then-fugitive Robert the Bruce before he became King of Scotland.

Meals: Breakfast, Dinner
Overnight: Virgin Hotels Edinburgh

DAY 16 | MONDAY, OCTOBER 7
RETURN TO US

Breakfast is included at the hotel.

You'll be transferred to Edinburgh's airport for your return flight home.

Meals: Breakfast

IRELAND REGISTRATION TOUR INCLUSIONS

- MAYO CLINIC IRELAND TOUR**
September 22-October 2, 2024 \$6,875 or (\$7,115*)
- OPTIONAL SCOTLAND EXTENSION**
October 2-7, 2024 \$3,875 or (\$4,011*)
Minimum of 16 participants required for the Scotland extension to operate.

All prices are quoted per person, based on double occupancy and include all items listed under the Tour Inclusions.

** Price based on non-cash/check payment.*

- Please provide me with a quote for travel insurance
- Enclosed is:
 - \$2,000/person deposit for _____ people for Ireland
 - \$1,000/person deposit for _____ people for Scotland
 - \$1,000/person second payment for Ireland (due 4/5/24)
 - \$1,000/person second payment for Scotland (due 4/5/24)
 - Full Payment (Due 6/14/24)
- Please bill my credit card:
 - American Express
 - Visa
 - MasterCard

ACCOUNT # EXP. DATE CVV CODE

SIGNATURE

TRAVELER 1 NAME (legal name as it appears on your passport)

TRAVELER 2 NAME (legal name as it appears on your passport)

TRAVELER 1 NAME PREFERENCE (for name badge)

TRAVELER 2 NAME PREFERENCE (for name badge)

TRAVELER 1 DATE OF BIRTH TRAVELER 2 DATE OF BIRTH

EMAIL

ADDRESS

CITY/STATE/ZIP CODE

HOME PHONE/CELL PHONE

- I will require airfare from a city other than Minneapolis/St. Paul.
DEPARTURE CITY: _____

AIRLINE SEATING PREFERENCE

TRAVELER 1: Aisle Window Adjacent
TRAVELER 2: Aisle Window Adjacent

- I have read and agree to the terms and conditions of this brochure.

SIGNATURE

INCLUDED

- International economy-class airfare from Minneapolis/St. Paul (MSP) to Dublin roundtrip or return from Glasgow (optional extension)
- Scotland extension includes economy-class airfare from Belfast to Edinburgh
- Roundtrip transfers between Rochester and MSP
- All transfers in Ireland and Scotland (optional extension)
- Deluxe hotel accommodations
- Guided sightseeing and tours as outlined in the itinerary
- Shipboard gratuities
- All meals as listed in the itinerary
- Services of a professional driver/guide in Ireland and Scotland (optional extension)
- Carrousel Travel Escort throughout Ireland and Scotland (minimum of 16 participants required for Scotland extension to operate)

NOT INCLUDED

- Gratuities to drivers/guide(s)
- Airline fuel surcharges (if any)
- Airline baggage fees (if any)
- Items of personal nature
- Anything not listed under Inclusions

FOR MORE INFORMATION

Please email: mayo@carrouseltravel.com
or call Sara or Vanessa at (612) 866-2503 or (800) 800-6508

TERMS & CONDITIONS

RESERVATIONS Reservations must be accompanied by a signed registration form and a \$2,000 per person deposit for Ireland and a \$1,000 per person deposit for Scotland. A second payment of \$1,000 per person for Ireland and \$1,000 per person for Scotland is due on April 5, 2024. Payments can be made by check or credit card. Checks should be made payable to Carrousel Travel. Final payment is due June 14, 2024. A reminder notice will be sent prior to the final payment date.

CANCELLATIONS All cancellations must be received in writing and are subject to the following penalties. All deposits are non-refundable. Cancellations received on or after June 14, 2024 will be subject to 100% penalty.

INSURANCE Carrousel Travel highly recommends travel insurance for your protection. We will provide an insurance application to all tour participants.

RESPONSIBILITY In offering these travel arrangements, Carrousel Travel (CT) acts as an agent for the sale of air transportation and other travel related services. CT takes great care in selecting its suppliers, but it does not control or guarantee personnel, equipment or operations of anyone furnishing accommodations, products or other services in connection with the travel arrangements. Therefore, CT is not able to assume responsibility for injury, damage, expense, inconvenience or any other loss experienced in connection with the travel or services. CT's control is limited to its own employees and it is responsible for the acts or omissions of such employees. The type of loss over which CT has no control and for which CT cannot be responsible for includes, without limitation; (1) any act or omission on the part of any supplier of services or other party who is not under the direct control of CT; (2) any defect or failure of any vehicle, equipment, product or service which is owned, operated or otherwise used by a supplier; (3) any financial problems of a supplier which causes non-performance by that supplier; or (4) any other cause, condition or event which is beyond the direct control of CT. Without limiting the effect of the foregoing, CT is a company of integrity and responsibility and will do everything within its capabilities to fulfill your travel arrangements. CT does not control the rates, bookings or reservation policies of any supplier and while CT will do everything possible to maintain these matters, they cannot be guaranteed. During the trip, you may have the opportunity to participate in various optional activities, such as water sports and other athletic activities or excursions. CT does not control any of these activities and will not be liable for any injury, damage, loss, expense, accident, delay, inconvenience or irregularity arising out of or relating to such participation. Your baggage and personal effects are your responsibility at all times. CT reserves the right to withdraw any tour member from a tour if the conduct of such a member is incompatible with the interests of the group as a whole. Your retention of tickets, reservations or final tour documents after issuance by CT shall constitute consent to these provisions. The conditions outlined above also pertain to the Mayo Clinic and Mayo Health Systems.

Submit completed registration by fax to 612-866-9644 or email to mayo@carrouseltravel.com or mail with check payable to:

Carrousel Travel
Attn: Group Department
6625 Lyndale Avenue South, Suite 104
Minneapolis, MN 55423

Please include a photocopy of the photo page of your passport.