

# GALAPAGOS ISLANDS

MARCH 1-10 // 2020

PRESENTED TO THE STAFF OF MAYO CLINIC ROCHESTER, SCOTTSDALE, JACKSONVILLE & MAYO HEALTH SYSTEMS





# ITINERARY

## DAY 1 // SUNDAY, MARCH 1

Board our international flight to Quito, Ecuador, where we will stay overnight.

## DAY 2 // MONDAY, MARCH 2

**AM: FLIGHT TO GALAPAGOS** Fly from Quito to Baltra Island in the Galapagos. After a ten-minute bus ride to the pier, we board the *Galapagos Legend* and soon we are underway on our first excursion in the Islands.

**PM: BLACK TURTLE COVE (SANTA CRUZ ISLAND)** On the north shore of Santa Cruz Island, accessible only by sea, four species of mangrove crowd and form an internal lagoon. Turtles visit the calm waters, peaking their heads above the surface while fish and rays circle below. White-tipped reef sharks can be seen beneath the boat, plus sea birds, including pelicans, herons and egrets. This cove has been declared as a "turtle sanctuary".

## DAY 3 // TUESDAY, MARCH 3

**AM: EL BARRANCO, PRINCE PHILIP'S STEPS (GENOVESA ISLAND)** Marvel at the variety of sea life that use the crevices of the lava cliffs for shelter. Red-billed Tropicbirds fly overhead, switching between their nests and the bay, and a small colony of fur seals may be found near the landing site. We will be dropped off with our guide at a steep stairway that begins on rocks at the foot of a path that leads through a seabird colony full of Nazca and Red-footed Boobies. At the plateau, the trail continues inland allowing you to see more nesting booby colonies in the thin Palo Santo forest. Near the end of the trail, over a rocky lava plain, Wedge-rumped Storm-Petrels can be observed flying in all directions. If you are lucky, you may catch a glimpse of a Short-eared Owl.

**PM: DARWIN BAY** Disembark onto a small sand and coral beach. A short trail heads west along a tidal lagoon and then up a rocky hill that leads to a point overlooking the cliffs and Darwin Bay. Along the trail near the tidal lagoon, visitors will see pairs of Swallow-tailed Gulls, Lava Gulls, Yellow-crowned and Lava Herons. The trail continues through Palo Santo trees, Opuntia cacti, and Saltbushes inhabited by Great Frigate birds and Red-footed Boobies. This is one of the few places in the islands where visitors are guaranteed to see Red-footed Boobies. It is estimated that more than 200,000 Red-footed Boobies live in the trees and bushes of Genovesa.

## DAY 4 // WEDNESDAY, MARCH 4

**AM: DRAGON HILL (SANTA CRUZ ISLAND)** Dry landing. Walk by a brackish lagoon to see flamingos. The trail leads across typical dry zone vegetation. Keeping up until Dragon Hill, see an important nesting ground for endemic land iguanas and enjoy lovely views of the anchored boats and neighboring islands. The forest is home to mockingbirds, Darwin's finches, yellow warblers, and Galapagos doves.



**PM: SANTA FE ISLAND** Wet landing. Santa Fe shows white sand beaches surrounded by sea lion colonies; through the island path, an endemic cactus forest is passed, home to the Santa Fe land iguanas (the largest in the islands). This island is the habitat for a number of species, including the Galapagos hawk, Galapagos snakes, rice rats (one of the few endemic Galapagos rodents), a variety of finches and one of the four mockingbird species of the archipelago.

#### **DAY 5 // THURSDAY, MARCH 5**

**AM: BACHAS BEACH (SANTA CRUZ ISLAND)** Wet landing. On the north side of Santa Cruz; behind the beach lies two small flamingo ponds where iguanas sunbathe. See coastal birds, Darwin finches, mockingbirds, and gulls, as well as interesting native vegetation like red and black mangrove or salt bushes. This beach is one of the main sea turtles nesting sites in the Galapagos. A turtle can lay eggs 3 or 4 times per season with an average of 70 eggs each time. At this paradisiacal site, we will also find the remains of barges that sank a long time ago, when the United States Navy operated a base during World War II on Baltra Island. Local people modified the word barges to "Bachas".

**PM: MOSQUERA ISLET** Wet Landing. Mosquera Islet is located between North Seymour and Baltra Island. This flat, sandy island has a large colony of sea lions. It is also an excellent site to observe shorebirds such as herons and lava gulls. There is no trail on the islet so visitors can enjoy the open area. Most of the islet is covered with sand and barren lava rock. Very little sesuvium portulacastrum plants grow on the sand.

#### **DAY 6 // FRIDAY, MARCH 6**

**AM: EGAS PORT (SANTIAGO ISLAND)** Wet landing. Egas Port is a black volcanic sand beach, visited by Darwin in 1835. The first section of the trail is formed of volcanic ash (eroded tuff) and the other half is an uneven terrain of volcanic basaltic rock. The unique, truly striking layered terrain of Santiago shore is home to a variety of animals including the bizarre yellow-crowned night heron. Marine wildlife including lobster, starfish and marine iguanas graze on algae beds alongside Sally light-foot crabs. It is easy to see colonies of endemic fur seals swimming in cool water volcanic rock pools.

**PM: RABIDA ISLAND** Wet landing. Dark red sand covers the unique beaches of this island. Home to sea lion colonies, Rabida is considered the epicenter of the Galapagos Islands due to the diversity of its volcanic geology. Nesting brown pelicans are found from July through September plus nine species of the famous Darwin's finches. Here a dinghy ride along marine cliffs is done to observe nesting seabirds. Snorkel off the coast, where marine life is particularly active.

#### **DAY 7 // SATURDAY, MARCH 7**

**AM: URBINA BAY (ISABELA ISLAND)** Wet landing (might be difficult due to the tide). Here on the volcanic black beach, depending on the season, it is possible to find giant tortoises, land iguanas, and the unusual flightless cormorant. After a short walk inland it's snorkeling time! Here is a chance to swim with sea turtles, sea lions, and countless tropical fish. Urbina Bay features a wide variety of plants with the different range of colors in flowers attracting an array of insects, birds, and reptiles. One of the highlights of the island is the up-lifted coral reef that resulted from the 1954 seismic activity; here the views of Alcedo Volcano are remarkable.

**PM: TAGUS COVE (ISABELA ISLAND)** Dry landing on Galapagos' largest island where we will learn about the eruption of the five volcanoes that form it. The trail leads to Darwin's saltwater crater lake which boasts excellent views of lava fields and volcanic formations. Graffiti believed to have been left by 19th-century pirates is a curious reminder of an intriguing past. We return by the same path for a dinghy ride along a shoreline full of marine wildlife where we will admire a variety of seabirds, such as Blue-footed Booby, Brown Noddy, terns, Flightless Cormorant and, depending on the season, a large number of Galapagos Penguins. Galapagos Penguins are only 35 cm tall; the only penguin species in the world to live in the tropics. The population of penguins on the islands is about 2,000 individuals, most of which live on this western portion of Isabela; others are scattered further south. We will have an opportunity to snorkel in deep water to try and see the penguins swimming underwater. Look quickly because they swim fast, as if they were a torpedo shot out of a cannon.

#### **DAY 8 // SUNDAY, MARCH 8**

**AM: ESPINOSA POINT (FERNANDINA ISLAND)** Dry landing. From Espinosa Point, it is possible to admire a wide view of Isabela Island across the Bolivar Channel, an area that boasts some of the highest diversity of endemic sea fauna in the Galapagos. Here the largest, most primitive-looking marine iguanas are found mingling with sea lions and Sally Lightfoot crabs. Fernandina displays a wonderful opportunity to encounter flightless cormorants at their nesting sites. Galapagos penguins and the "King" of predators on the islands, the Galapagos hawk, reside here as well. Pa-hoe-hoe and AA lava formations cover the majority of Fernandina terrain. Vegetation is scarce inland, with few brachycereus cacti. In the shore, mangroves can be found.

**PM: VICENTE ROCA POINT (ISABELA ISLAND)** Enjoy great deep-water snorkeling at one of the richest marine havens on Earth, the Bolivar Channel. Accessible by water, we take a dinghy ride along the coast to observe a great diversity of sea and coastal birds; Nazca and blue-footed boobies, noddies, brown pelicans, penguins and flightless cormorants. The upwelling of cold water currents in this part of the Galapagos gives rise to an abundance of marine life, a perfect place for deep snorkeling.

#### **DAY 9 // MONDAY, MARCH 9**

**AM: PIT CRATERS (SANTA CRUZ ISLAND)** The Pit Craters, geologically speaking, were not directly formed by volcanic action. They were created as a result of the collapse or sinking of surface materials into cracks or manholes. It's a great place to spot vermilion fly catchers as we walk inside an endemic Scalesia forest. We also have a great opportunity to observe giant tortoises.

**PM: FLIGHT TO QUITO** After seeing the giant tortoises in the highlands of Santa Cruz we head to the airport on Baltra Island for our return flight to Quito. This evening we fly on Delta Airlines to Atlanta.

#### **DAY 10 // TUESDAY, MARCH 10**

Arrive home after an overnight flight.





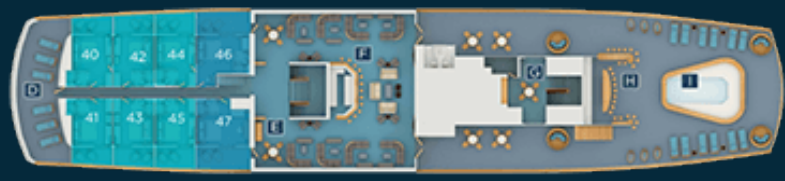
# GALAPAGOS LEGEND

This magnificent vessel, with a capacity for 100 guests, has the charm of The Enchanted Islands. With her three different decks, the *Galapagos Legend* offers a great variety of comfortable and spacious social areas without losing its sense of intimacy. Its fantastic open decks allow you to admire the islands' flora and fauna, enjoy a BBQ at night, or take in some sun at the pool and bar areas.

## DECK PLANS // GALAPAGOS LEGEND



Moon Deck



Sky Deck



Earth Deck



Sea Deck

### MOON DECK

- A Stargazing area
- B Al Fresco restaurant
- C Lifeboat

### SKY DECK

- D Dolphin Observation Deck
- E 24-hour coffee & tea station
- F Charles Darwin Panorama Lounge bar
- G Naturalist Guide center
- H Fisherman's bar
- I Swimming pool & Sun terrace

### EARTH DECK

- J Kid's corner
- K Library
- L Boutique
- M Front Desk
- N Science corner
- O Fitness center
- P Jacuzzi

### SEA DECK

- Q Lonesome George Restaurant
- R Embarkation area
- S Medical station
- T Snorkeling equipment room
- U Auditorium

### CABIN CATEGORIES

- Legend Balcony Suite
- Balcony Suite Plus
- Junior Suite Plus
- Standard Plus
- Balcony Suite
- Junior Suite
- Standard Interior

### **BALCONY SUITE // MOON & SKY DECKS**

One of the most striking aspects of our ship: top of the line Balcony Suites located in the Sky Deck and the Moon Deck, measuring an average of 22 m<sup>2</sup> (237 ft<sup>2</sup>). Including a significant redesign and general upgrades to more than satisfy customer's expectations.

- Double & Triple options
- Panoramic windows & private balcony
- Complimentary champagne bottle
- Top of the line amenities & bathrobe
- Thermos & iconic postcards as souvenirs
- Average Area: 237 sq ft



*Balcony Suite*

### **JUNIOR SUITE // EARTH DECK**

Featuring big panoramic windows to admire the landscape, offering a wide variety of arrangements in Double & Triple and interconnected configurations, enjoy the perks of having the family together in private quarters with even more space for your comfort.

- Double, Triple & Quadruple options
- 2 Panoramic windows per cabin
- Interconnected options available
- Thermos & iconic postcards as souvenirs
- Average Area: 161 sq ft



*Junior Suite*

### **CABIN AMMENITIES & SERVICE**

- Two types of pillows
- Complimentary thermos and bag
- Organic shampoo, conditioner and soap
- Housekeeping 3 times a day and turn down service
- TV entertainment system
- Alarm clock / speaker and telephone
- Air conditioning system
- Reading lights
- Safety deposit box
- Hair dryer
- Plentiful storage space

### **ONBOARD EXPERIENCES & INCLUSIONS**

- Two guided excursions every day
- Snorkeling and other optional activities every day
- Snorkel equipment at no cost
- Wetsuit rental available
- Large variety of fresh, local and international cuisine
- Al fresco BBQ dinner & breakfast
- Coffee station available 24 hours
- Wide selection of wines and local beers
- Delicious snacks & beverages after excursions
- Wi-Fi zones with internet service
- Pool, Jacuzzi and sun beds
- Beach & pool towel service
- Drying machines available for complimentary use
- Variety of on board activities
- Briefings on the following day's activities
- Informative lectures about Galapagos
- Kayaks
- Fitness Center
- Naturalist Guide Center
- Glass bottom boat
- Medical attention 24 hours a day
- Cruise director
- Expedition leader





# REGISTRATION

Mayo Clinic Galapagos Islands Cruise | March 1-10, 2020

Please indicate your preferred cabin category:

- Balcony Suite**                      **\$8,430 per person**    **(\$8,725\*)**
- Junior Suite**                              **\$7,580 per person**    **(\$7,845\*)**

**PLEASE NOTE: Space on this cruise is limited to 28 travelers.**

\*Price based on non-cash/check payment.

All prices quoted are per person, based on double occupancy and include all items listed under the Tour Inclusions.

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- Enclosed is:**
  - \$1,500 per person deposit for \_\_\_\_ people
  - Full Payment (Due October 25, 2019)
- Please bill my credit card:**
  - American Express                       Visa                               MasterCard

ACCOUNT #    EXP. DATE    CVV CODE

SIGNATURE

TRAVELER 1 NAME (legal name as it appears on your passport)

TRAVELER 2 NAME (legal name as it appears on your passport)

TRAVELER 1 NAME PREFERENCE (for name badge)

TRAVELER 2 NAME PREFERENCE (for name badge)

EMAIL

ADDRESS

CITY/STATE/ZIP CODE

HOME PHONE/CELL PHONE

- I will require airfare from a city other than Minneapolis/St. Paul.  
DEPARTURE CITY: \_\_\_\_\_

- AIRLINE SEATING PREFERENCE**
- TRAVELER 1:     Aisle                       Window                       Adjacent
- TRAVELER 2:     Aisle                       Window                       Adjacent

- I have read and agree to the terms and conditions of this brochure.

SIGNATURE

# TOUR INCLUSIONS

- Roundtrip transfers between Rochester and MSP
- Roundtrip airfare between Minneapolis/St. Paul and Quito, Ecuador
- Roundtrip airfare between Quito, Ecuador and Baltra Island, Galapagos
- All transfers between airports and hotels
- 1 night accommodations in Quito with breakfast
- 7 nights accommodations aboard *Galapagos Legend*
- Meals onboard, welcome & farewell cocktails, BBQ, coffee, tea
- Two guided excursions each day
- Snorkeling excursions with gear included (wet suits may be rented - fee applies)
- Briefings, lectures and activities onboard
- Services of naturalist guides and a Carrousel Travel escort
- Baggage handling throughout the trip

## NOT INCLUDED

- Gratuities to naturalist guides and ship crew
- Airline fuel surcharges (if any)
- Baggage fees (if any)
- Travel insurance
- Items of personal nature
- Anything not listed under Tour Inclusions

# FOR MORE INFORMATION

Please email: [mayo@carrouseltravel.com](mailto:mayo@carrouseltravel.com)  
or call Sara or Vanessa at (612) 866-2503 or (800) 800-6508

# TERMS & CONDITIONS

**RESERVATIONS** Reservations must be accompanied by a \$1,500 per person deposit and signed registration form. Payments can be made by check or credit card. Checks should be made payable to Carrousel Travel. Final payment is due October 25, 2019. A reminder notice will be sent prior to the final payment date.

**CANCELLATIONS** All cancellations must be received in writing and are subject to the following penalties. All deposits are non-refundable. Cancellations received prior to October 25, 2019 will be subject to a \$1,500 per person penalty. Cancellations received on or after October 25, 2019 will be subject to 100% penalty.

**INSURANCE** Carrousel Travel highly recommends travel insurance for your protection. We will provide an insurance application to all tour participants.

**RESPONSIBILITY** In offering these travel arrangements, Carrousel Travel (CT) acts as an agent for the sale of air transportation and other travel related services. CT takes great care in selecting its suppliers, but it does not control or guarantee personnel, equipment or operations of anyone furnishing accommodations, products or other services in connection with the travel arrangements. Therefore, CT is not able to assume responsibility for injury, damage, expense, inconvenience or any other loss experienced in connection with the travel or services. CT's control is limited to its own employees and it is responsible for the acts or omissions of such employees. The type of loss over which CT has no control and for which CT cannot be responsible for includes, without limitation; (1) any act or omission on the part of any supplier of services or other party who is not under the direct control of CT; (2) any defect or failure of any vehicle, equipment, product or service which is owned, operated or otherwise used by a supplier; (3) any financial problems of a supplier which causes non-performance by that supplier; or (4) any other cause, condition or event which is beyond the direct control of CT. Without limiting the effect of the foregoing, CT is a company of integrity and responsibility and will do everything within its capabilities to fulfill your travel arrangements. CT does not control the rates, bookings or reservation policies of any supplier and while CT will do everything possible to maintain these matters, they cannot be guaranteed. During the trip, you may have the opportunity to participate in various optional activities, such as water sports and other athletic activities or excursions. CT does not control any of these activities and will not be liable for any injury, damage, loss, expense, accident, delay, inconvenience or irregularity arising out of or relating to such participation. Your baggage and personal effects are your responsibility at all times. CT reserves the right to withdraw any tour member from a tour if the conduct of such a member is incompatible with the interests of the group as a whole. Your retention of tickets, reservations or final tour documents after issuance by CT shall constitute consent to these provisions. The conditions outlined above also pertain to the Mayo Clinic and Mayo Health Systems.

Submit completed registration by fax to 612-866-9644 or email to [mayo@carrouseltravel.com](mailto:mayo@carrouseltravel.com) or mail with check payable to:

Carrousel Travel  
Attn: Group Department  
6625 Lyndale Avenue South, Suite 104  
Minneapolis, MN 55423

*Please include a photocopy of the photo page of your passport.*