



# Relize

FROM RAINFOREST TO REEF

**FEBRUARY 25-MARCH 4 // 2023**

PRESENTED TO THE STAFF OF MAYO CLINIC ROCHESTER, SCOTTSDALE, JACKSONVILLE & MAYO HEALTH SYSTEMS



# FROM THE jungle

This Mayo Clinic experience is the ideal blend of adventure and relaxation for you to discover the very best of Belize – its reef and rainforest.

In the jungle, tucked away within the Mountain Pine Ridge, a protected forest reserve, you'll find the intimate and luxurious **HIDDEN VALLEY INN**. This exclusive resort houses a private 7,200-acre nature reserve. Spend your time exploring spectacular waterfalls, pools, nature trails, and sacred ancient Mayan sites. Here, both nature and its visitors find sanctuary in the perfect habitat, a land where serenity, beauty, and adventure harmonize.

From jungle to sea, enjoy a few nights on Ambergris Caye. Staying beachfront at **SUNBREEZE HOTEL** makes for a relaxing tropical stay. The Barrier Reef is a few hundred yards from shore, allowing for easy access to many beautiful dive and snorkel sites. On shore, soak in the island charm at the hotel pool, indulge at the spa or savor "Island Cuisine with a Twist" at the open-air restaurant and bar.

## ITINERARY

### DAY 1 // SATURDAY, FEBRUARY 25

- Depart the US for Belize
- Arrive and transfer to the Hidden Valley Inn
- Dinner at the inn

**Overnight:** Hidden Valley Inn      **Meals:** D

### DAY 2 // SUNDAY, FEBRUARY 26

- Breakfast at the inn
- Full-day tour of Hidden Valley Inn property: Tiger Creek, King Vulture & Thousand Foot Falls in the morning, lunch at the inn, afternoon visit of Bull's Point lookout, Devil's Falls and Butterfly Falls
- Dinner at the inn

**Overnight:** Hidden Valley Inn      **Meals:** B, L, D

**DAY 3 // MONDAY, FEBRUARY 27**

- Breakfast at the inn
- Sunrise birdwatching excursion
- Lunch at the inn
- Afternoon at leisure to enjoy the facilities at the inn
- Dinner at the inn

**Overnight:** Hidden Valley Inn    **Meals:** B, L, D

**DAY 4 // TUESDAY, FEBRUARY 28**

- Breakfast at the inn
- Full-day Caracol Mayan ruin excursion
- Custom-packed boxed lunches provided from the inn
- Dinner at the inn

**Overnight:** Hidden Valley Inn    **Meals:** B, L, D

**DAY 5 // WEDNESDAY, MARCH 1**

- Breakfast at the inn
- Transfer to Belize City Airport for flight to Ambergris Caye
- Afternoon/evening at leisure to explore Ambergris Caye
- Dinner is on your own tonight

**Overnight:** SunBreeze Hotel    **Meals:** B

**DAY 6 // THURSDAY, MARCH 2**

- Breakfast at the hotel
- Hol Chan & Shark Ray Alley snorkeling excursion
- Afternoon/evening at leisure

**Overnight:** SunBreeze Hotel    **Meals:** B

**DAY 7 // FRIDAY, MARCH 3**

- Breakfast at the hotel
- Day at leisure
- Gather with your fellow Mayo Clinic travelers for a farewell drink before going out to dinner on your own

**Overnight:** SunBreeze Hotel  
**Meals:** B, Reception

**DAY 8 // SATURDAY, MARCH 4**

- Breakfast at the hotel
- Depart Ambergris Caye to Belize City Airport for return flight home

**Meals:** B



**TO THE**  
*Sea*



# REGISTRATION

**MAYO CLINIC BELIZE** | February 25-March 4, 2023  
**\$3,935 per person (\$4,073\*)**

\*Price based on non-cash/check payment.

All prices quoted are per person, based on double occupancy and include all items listed under the Tour Inclusions.

**Enclosed is:**

- \$1,000 per person deposit for \_\_\_\_ people
- Full Payment (Due November 18, 2022)

**Please bill my credit card:**

- American Express
- Visa
- MasterCard

ACCOUNT # EXP. DATE CV CODE

SIGNATURE

TRAVELER 1 NAME (legal name as it appears on your passport)

TRAVELER 2 NAME (legal name as it appears on your passport)

TRAVELER 1 NAME PREFERENCE (for name badge)

TRAVELER 2 NAME PREFERENCE (for name badge)

TRAVELER 1 DATE OF BIRTH TRAVELER 2 DATE OF BIRTH

EMAIL

ADDRESS

CITY/STATE/ZIP CODE

HOME PHONE/CELL PHONE

I will require airfare from a city other than Minneapolis/St. Paul.

DEPARTURE CITY: \_\_\_\_\_

**AIRLINE SEATING PREFERENCE**

TRAVELER 1:  Aisle  Window  Adjacent  
TRAVELER 2:  Aisle  Window  Adjacent

I have read and agree to the terms and conditions of this brochure.

SIGNATURE

# TOUR INCLUSIONS

- Roundtrip transfers between Rochester and Minneapolis/St. Paul (MSP)
- Roundtrip economy-class air between Minneapolis/St. Paul (MSP) and Belize City
- Roundtrip flight between Belize City and Ambergris Caye
- All airport and resort transfers in Belize
- 4 nights at the Hidden Valley Inn
- 3 nights at the SunBreeze Hotel
- Guided sightseeing as outlined in the itinerary
- Services of a tour director and Carrousel Travel escort throughout the tour
- Mandatory medical travel insurance (required for travel to Belize; coverage begins upon arrival)
- Baggage handling throughout the tour

NOT INCLUDED

- Gratuities to the local tour director
- Airline fuel surcharges (if any)
- Airline baggage fees (if any)
- Travel insurance through Allianz or other provider for trip cancellation, trip interruption and other coverage
- Items of personal nature
- Anything not listed under Tour Inclusions

# FOR MORE INFORMATION

Please email: [mayo@carrouseltravel.com](mailto:mayo@carrouseltravel.com)  
or call Sara or Vanessa at (612) 866-2503 or (800) 800-6508

# TERMS & CONDITIONS

**RESERVATIONS** Reservations must be accompanied by a \$1,000 per person deposit and signed registration form. Payments can be made by check or credit card. Checks should be made payable to Carrousel Travel. Final payment is due November 18, 2022. A reminder notice will be sent prior to the final payment date.

**CANCELLATIONS** All cancellations must be received in writing and are subject to the following penalties. All deposits are non-refundable. Cancellations received prior to November 18, 2022 will be subject to a \$1,000 per person penalty. Cancellations received on or after November 18, 2022 will be subject to 100% penalty.

**INSURANCE** Carrousel Travel highly recommends travel insurance for your protection. We will provide an insurance application to all tour participants.

**RESPONSIBILITY** In offering these travel arrangements, Carrousel Travel (CT) acts as an agent for the sale of air transportation and other travel related services. CT takes great care in selecting its suppliers, but it does not control or guarantee personnel, equipment or operations of anyone furnishing accommodations, products or other services in connection with the travel arrangements. Therefore, CT is not able to assume responsibility for injury, damage, expense, inconvenience or any other loss experienced in connection with the travel or services. CT's control is limited to its own employees and it is responsible for the acts or omissions of such employees. The type of loss over which CT has no control and for which CT cannot be responsible for includes, without limitation; (1) any act or omission on the part of any supplier of services or other party who is not under the direct control of CT; (2) any defect or failure of any vehicle, equipment, product or service which is owned, operated or otherwise used by a supplier; (3) any financial problems of a supplier which causes non-performance by that supplier; or (4) any other cause, condition or event which is beyond the direct control of CT. Without limiting the effect of the foregoing, CT is a company of integrity and responsibility and will do everything within its capabilities to fulfill your travel arrangements. CT does not control the rates, bookings or reservation policies of any supplier and while CT will do everything possible to maintain these matters, they cannot be guaranteed. During the trip, you may have the opportunity to participate in various optional activities, such as water sports and other athletic activities or excursions. CT does not control any of these activities and will not be liable for any injury, damage, loss, expense, accident, delay, inconvenience or irregularity arising out of or relating to such participation. Your baggage and personal effects are your responsibility at all times. CT reserves the right to withdraw any tour member from a tour if the conduct of such a member is incompatible with the interests of the group as a whole. Your retention of tickets, reservations or final tour documents after issuance by CT shall constitute consent to these provisions. The conditions outlined above also pertain to the Mayo Clinic and Mayo Health Systems.

Submit completed registration by fax to 612-866-9644 or email to [mayo@carrouseltravel.com](mailto:mayo@carrouseltravel.com) or mail with check payable to:

Carrousel Travel  
Attn: Group Department  
6625 Lyndale Avenue South, Suite 104  
Minneapolis, MN 55423

*Please include a photocopy of the photo page of your passport.*