

Art Across the Lines

FROM AIX TO BARCELONA

OCTOBER 12-24, 2026



HOSTED BY
BRIAN FRINK AND RICHARD ROBBINS

AN INVITATION

Travel disrupts our routine in ways we look forward to. Experiencing new people and places redefines the world for us and changes us for the better. Our vision for this travel experience is that we will explore the streets that Van Gogh wandered and painted. We will sit and contemplate Mont Sainte-Victoire, the mountain that inspired the painter Cezanne. We will explore the vibrant urban centers of Barcelona, Aix, and Nice. As a counterpoint, we will contemplate the mystery of Mary Magdalene at the Grotto of Sainte-Baume in Provence. Linking these unique experiences will be the focus on creativity; recording, probing, pondering our individual experiences through the creative process. As program hosts, we will encourage (and cheer on!) travelers inclined to painting, photography, or writing to process some of this experience through ongoing practice of their craft. It is an essential reminder that we are all beginners. So, even if you have no experience as a painter or a writer, or if you have a great deal of experience, we welcome you on this journey. To create is to travel, to travel is to create.

ABOUT YOUR HOSTS



BRIAN FRINK taught painting at Minnesota State University, Mankato, for 32 years. The Minnesota State Arts Board, the National Endowment for the Arts, the McKnight and Jerome foundations, and the Wisconsin State Arts Board have recognized his work. In 2009, he was designated a Distinguished Faculty Scholar, and in 2019, he received the prestigious Douglas R. Moore lecture award. He has exhibited his artwork in museums, galleries, and art centers nationwide. Brian loves to camp and paint with his life partner, Wilbur. He believes travel is an artist's responsibility in the cultivation of their art. He continues his art practice in Southern Minnesota at the art complex titled the Poor Farm Studios.



RICHARD ROBBINS' writing has received awards from The Loft Literary Center, the Minnesota State Arts Board, the National Endowment for the Arts, and the Poetry Society of America. He has published seven books of poems, most recently *The Oratory of All Souls*, and over the years has given dozens of readings and workshops in the US and the UK. For nearly 40 years, he taught creative writing at Minnesota State University, Mankato, where he was also named a Distinguished Faculty Scholar. Robbins believes in the power of travel to expand our capacity for feeling, thinking, and creating.

Both Brian and Richard are veterans of guided art and travel adventures, recently co-leading two trips, one to South America and one to Scotland, which included artists and writers representing a wide range of experience.

A stylized map of France and Spain in shades of purple and pink. The word 'FRANCE' is written in large white letters across the center of the French territory. The word 'SPAIN' is written in large white letters in the bottom left corner. A travel route is indicated by white dotted lines connecting several cities: Carcassonne, Arles, Saintes-Maries-de-la-Mer, Aix-en-Provence, and Nice. Each city is marked with a white circle containing a smaller orange circle.

FRANCE

AIX-EN-PROVENCE

NICE

CARCASSONNE

ARLES

SAINTES-MARIES-DE-LA-MER

BARCELONA

SPAIN

HIGHLIGHTS + INCLUSIONS

- » 11 nights of accommodations in 4-star hotels as described in itinerary in shared room occupancy (7 nights in southern France; 4 nights in Barcelona).
- » Single room accommodations with limited availability upon request at a supplemental cost.
- » Breakfast daily, 2 lunches and 5 dinners for a total of 18 meals. Beverages excluded.
- » Tour of wine co-op and lunch at a winery in Puylobier. Wine to be purchased on own.
- » Services of professional tour manager in France. Local guide service utilized in Barcelona.
- » Private touring motorcoach throughout itinerary in France. Local coach services in Barcelona including one shared group departure transfer to Barcelona Airport.
- » Train travel from Carcassonne train station to Barcelona in 2nd class. Luggage transfer by van from the Carcassonne hotel to the Barcelona hotel.
- » Art Museum admission/fees: Musee National Marc Chagall, Matisse Museum, Atelier Paul Cezanne, Miro Museum, National Museum of Art Barcelona, Picasso Museum.
- » Full-day tour in Barcelona visiting Antoni Gaudí sites including La Sagrada Familia.
- » Inside visits described in itinerary include fees as required for entry.
- » Gratuities included for tour manager/guides, motorcoach drivers and hotel/wait staff.
- » Baggage handling services of one piece per participant in/out at hotels.
- » Audio headset use during guided touring.
- » Basic travel insurance for trip delay, baggage delay, medical evacuation and accident and sickness medical expense (does not include trip cancellation or pre-existing medical conditions coverage). Carrousel Travel can assist with additional travel insurance at the time of registration.



AIX-EN-PROVENCE

DESTINATION INFORMATION

October travel in Southern France and Barcelona offers usually comfortable average temperatures with warm days and cool nights. Aix-en-Provence high/low averages during mid-October are approximately 67°F/49°F. Temperatures in Barcelona may be slightly warmer with averages 70/59°F.

Sunrise in Southern France is about 7:50 a.m. and sunset approximately 7:00 p.m. Sunrise in Barcelona is 7:40 p.m. and sunset 8:10 p.m. Outings on most days begin around 8:30/9:00 a.m. with return to hotel by late afternoon, except for a couple of travel days.

Tours and site visits in Southern France and Barcelona require walking some days up to four miles; walking often one mile at a time at a moderate pace; managing uneven surfaces, steps and inclines without assistance. The itinerary may include sites with uneven surfaces and stairs without handrails. Itinerary is not wheelchair, scooter or walker accessible. Please be advised that other countries do not abide by the Americans with Disabilities Act (ADA), and facilities outside the U.S. may not offer ramps, elevators, handrails, etc. Consult with Carrousel Travel or tour host with questions about walking and mobility requirements. Carrousel Travel, in consensus with tour hosts and destination partner, reserves the right to withdraw or not accept any participant whose ability to participate in the tour, or whose conduct is incompatible with the operation of tour or the interests of the entire group.

PROGRAM COST

\$6,595 PER PERSON, BASED ON SHARED/DOUBLE ROOM OCCUPANCY

Package price includes land program only based on a minimum group size of 22.

*Participants will arrange their own international air. More details noted under TRAVEL INFORMATION. Do NOT purchase air tickets until advised to do so by Carrousel Travel.

SINGLE ROOM SUPPLEMENT: \$1,725 PER PERSON (Availability is Limited)

REGISTRATION

To register for this tour, please click here: [From Aix to Barcelona 2026 Registration](#).

If you are viewing this as a printed brochure, please visit this website: <https://cvent.me/e0WaAb?RefId=FBG163+FR2026+WEBREG> or email Carrousel Travel at SpecialGroups@carrouseltravel.com.

Registration will open on **Friday, January 30, 2026 at 10:00 a.m. CST.**

The registration deadline is Wednesday, April 15, 2026. Register early as space may sell out quickly. Once the group is full, a waiting list will be maintained.

An \$800 per person deposit is due within 14 days of registration.

If you are looking for a roommate, you can register as sharing, and we will advise if another registrant is also looking. Please also contact your group hosts to assist with pairing. There is no guarantee of a roommate, and if one is not available, the single supplement will be assessed if a single room is available. Some hotels provide a smaller room size and/or twin bed for single occupancy.



Itinerary

DAY 1: MONDAY, OCTOBER 12 **U.S. DEPARTURE**

Depart on overnight flights arranged on own to Nice, France.

DAY 2: TUESDAY, OCTOBER 13 **NICE ARRIVAL**

Welcome to Nice, the capital of the French Riviera and filled with culture, heritage and innovation. Participants arrive independently at Nice Côte d'Azur Airport and transfer on their own to **Hotel Apollinaire Nice**. If arrival is prior to 3:00 p.m., store your baggage at the hotel until check-in. Afternoon is free to walk the legendary Promenade des Anglais along the Mediterranean. Early evening group meeting to get acquainted with the English-speaking professional tour manager who will accompany the group through France and leaders providing insights into the journey ahead. Group dinner at a local restaurant. **(D)**

DAY 3: WEDNESDAY, OCTOBER 14 **NICE / AIX-EN-PROVENCE**

Morning tour with a local guide to learn about Chagall and Matisse with visits to the Musee National Marc Chagall and Musee Matisse. Lunch on your own in Nice. Afternoon departure by private touring motorcoach (2 hrs.) to Aix-en-Provence. Aix is a vibrant town located in the shadow of Mt. Sainte-Victorie and an ideal base from which to explore the region. Arrive at **Aparthotel Adagio Aix-en-Provence Centre** with time to get settled for a 4-night stay. Group dinner this evening at a local restaurant. **(B,D)**

DAY 4: THURSDAY, OCTOBER 15 **AIX-EN-PROVENCE**

Morning walking tour with a local guide of Aix featuring a visit to the Cathedrale St. Sauveur, located in the city's medieval section. Explore the tree-lined boulevards, hidden squares and exquisite fountains in this historic city of refined elegance. Visit Atelier Paul Cezanne to see the painter's surroundings and see his cherished belongings and painting tools. Afternoon free for lunch on your own, writing, painting, exploring with dinner and evening on your own. Possible workshop with leaders. **(B)**

DAY 5: FRIDAY, OCTOBER 16

AIX-EN-PROVENCE (Saint-Maximin-la-Sainte-Baume visit)

Full-day excursion guided by your tour manager to Saint-Maximin-la-Sainte-Baume and surrounding area via private motorcoach. Begin with a walk with your tour manager about 45 minutes through the majestic forest gradually climbing to the cliffside Cave of St. Mary Magdalene. Lunch on your own. Afternoon exploration of Saint-Maximin-la-Sainte-Baume visiting the Basilica of Sainte-Marie-Madeleine, containing relics of Mary Magdalene. Return by late afternoon for leisure time with dinner on your own. **(B)**

DAY 6: SATURDAY, OCTOBER 17

AIX-EN-PROVENCE (Puylobier visit)

Depart Aix for full-day excursion guided by your tour manager to the medieval village of Puylobier and Cezanne Regional Park, about a 30-minute drive. Explore Puylobier's narrow streets walking past the Romanesque church and the 17th-century oil mill. Tour the local wine co-op Les Vignerons du Mont Sainte-Victoire. Late lunch at Domaine Terre de Mistral in the winery's restaurant. Afternoon with time on your own to paint, write and explore. Return to Aix-en-Provence with dinner on your own. **(B,L)**

DAY 7: SUNDAY, OCTOBER 18

AIX-EN-PROVENCE / ARLES / SAINTES-MARIES-DE-LA-MER / CARCASSONNE

Check out of hotel in Aix-en-Provence traveling to Arles (approx. 1.5 hrs.), the gateway to the lakes and marshlands of the Camargue. During a tour hosted by a local guide, explore the Roman coliseum remaining from when Arles was a provincial capital of ancient Rome. Lunch on your own followed by free time to marvel at the places made famous in paintings by Van Gogh. Continue to Saintes-Maries-de-la-Mer (approx. 35 minutes) to visit Saint Sarah at the Cathedrale Saintes-Maries-de-la-Mer. Continue to Carcassonne, about a three-hour drive, for a 2-night stay at [Mercure Carcassonne La Cité](#). Group dinner at a local restaurant. **(B,D)**

DAY 8: MONDAY, OCTOBER 19

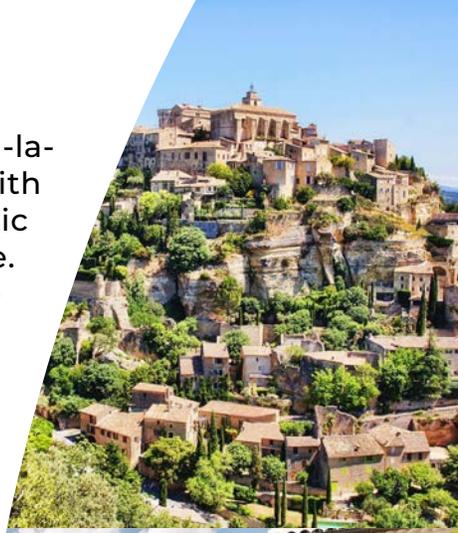
CARCASSONNE

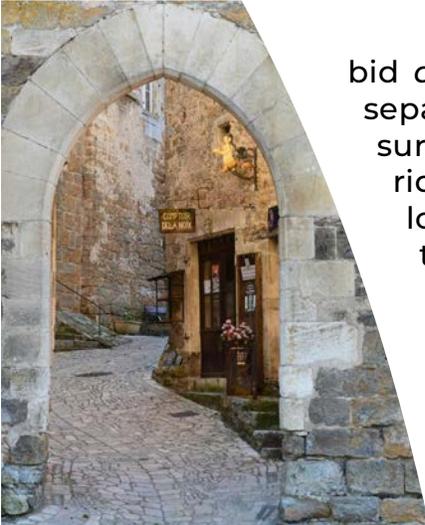
Morning walking tour of Carcassonne with a local guide to discover how the city has existed since the pre-Roman period as a fortified settlement towering over the landscape. In ancient times, Carcassonne was a major commercial and ceremonial center for the Druids and the Phoenicians. The Romans arrived in 100 B.C., the Visigoths by the 6th century and then the city was a Cathar stronghold in the 13th century. Afternoon free for writing, painting and exploration. Evening at leisure for dinner on your own. **(B)**

DAY 9: TUESDAY, OCTOBER 20

CARCASSONNE / BARCELONA

Check out of hotel and transfer by motorcoach to the train station and





bid *adieu* to your French tour manager. Your baggage will be transferred separately from the Carcassonne hotel directly to the Barcelona hotel. Make sure to keep your passport with you today. Board fast train (2hr. 20 min. ride; 2nd class tickets) to Barcelona. Upon arrival in Barcelona, meet your local assistant and transfer by motorcoach to **Hotel Catalonia Ramblas** to check in for a 4-night stay. If arrival is prior to 3:00 p.m., store your baggage until check-in. Late lunch on your own near the hotel. Afternoon guided walking tour of the area with a local guide. Group dinner this evening at the hotel or local restaurant to taste local tapas. **(B,D)**

DAY 10: WEDNESDAY, OCTOBER 21 BARCELONA

Today is a full-day guided tour by private motorcoach to be captivated by the genius of Antoni Gaudí and the rich culture of Barcelona exploring all things Gaudí. Strolling through the city's vibrant streets, learn fascinating stories and historical context behind Gaudí's iconic works and Gaudí's architectural masterpieces which have shaped the fabric of Barcelona. In the morning, visit Parc Güell and Casa Batlló. Stop for a 2-course group lunch in a local restaurant. Continue to see Casa Milà, Gaudí House Museum and the mesmerizing La Sagrada Familia with included entrance in the spire. Evening free for independent exploration with dinner on your own. **(B,L)**

DAY 11: THURSDAY, OCTOBER 22 BARCELONA

Travel to Montjuic Hill to visit two art museums, a location offering stunning views of the city. First visit, with an expert site guide, the Miro Museum officially named the Fundació Joan Miró, a dynamic cultural institution dedicated to the life and works of Joan Miró, one of Spain's most influential 20th-century artists. Lunch on your own at Miro Museum Café or similar. Walk (10 min.) to the National Museum of Art, one of the most important museums in Europe, renowned for its vast and comprehensive collection of Catalan and Spanish art, for an expert onsite guided tour. Remainder of afternoon and evening on your own. **(B)**

DAY 12: FRIDAY, OCTOBER 23 BARCELONA

Morning departure by private motorcoach to visit the Picasso Museum with some 5,000 pieces by Pablo Picasso chronicling his art created during his life. Afternoon on your own for independent exploration. Farewell group dinner in a local restaurant to include project presentations, including coach transfer to and from the restaurant. A private room is requested, pending confirmation. **(B,D)**

DAY 13: SATURDAY, OCTOBER 24 BARCELONA

Check out (by 12:00 p.m.) of hotel for departures as arranged on your own. One group motorcoach airport departure transfer included to Barcelona Airport. **(B)**



- » Itinerary is subject to change due to local scheduling and conditions.
- » Hotels described in itinerary are confirmed but subject to change due to unforeseen circumstances.
- » No refund is granted to travelers who wish to omit portions of the itinerary.

Included meals:
B=Breakfast; L=Lunch;
D=Dinner



TERMS + CONDITIONS

ACCEPTANCE OF CONDITIONS Registration and deposit for this program shall constitute agreement and acceptance by the traveler of all provisions provided herein, as well as those terms and conditions of the tour package set forth in related announcements, brochure, circulars and online registration.

REGISTRATION / PAYMENT / CANCELLATION

REGISTRATION All participants are required to register directly with Carrousel Travel. Instructions can be found in the accompanying Registration Letter and on the [From Aix to Barcelona 2026 Registration Site](#).

Registration will open Friday, January 30, 2026 at 10:00 a.m. CST. The registration deadline is Wednesday, April 15, 2026. Early registration is encouraged to secure your spot! The maximum number of participants is 27, and once space is full, a waiting list will be maintained.

PROGRAM COSTS Costs are based on exchange rates in effect July 7, 2025 and subject to change in the event there is a fluctuation of more than 4%. Should minimum participation fall below 22 travelers, Carrousel Travel reserves the right to reprice or cancel the tour.

DEPOSIT An **\$800 deposit** per person is due within 14 days of online registration.

FINAL PAYMENT Trip balance is due no later than **June 25, 2026**. Invoices will be emailed to participants approximately four weeks before the due date.

FORM OF PAYMENT Check, cash, or credit card accepted. A nonrefundable 4.0% service fee will apply for all payments AND refunds made by credit card. Please make checks payable to Carrousel Travel and mail to: Carrousel Travel, Attn: Special Groups / FBG163, Two Meridian Crossings, Suite 200, Minneapolis, MN 55423. Credit card payments can be made while registering or at any time online by accessing confirmed registration.

CANCELLATION POLICY All cancellations must be received in writing and are effective upon receipt and confirmation by Carrousel Travel. Cancellation fees:

From 1st deposit through June 25, 2026 = \$300 per person cancellation fee.

June 26, 2026 through July 28, 2026 = \$800 per person cancellation fee.

July 29, 2026 through August 12, 2026 = 50% of the traveler's reserved program price.

August 13, 2026 to departure = No refund.

This policy is based on the contracts required to secure the services for this customized program, the commitments to other group travelers and the services rendered on behalf of all group travelers by Carrousel Travel. To protect program payment, consider purchasing individual trip cancellation insurance.



**FOR
QUESTIONS
+ DETAILS**

Richard Robbins: richard.robbins.2@mnsu.edu

Brian Frink: bfrinkl@gmail.com

Carrousel Travel

800-800-6508 or SpecialGroups@CarrouselTravel.com



Two Meridian Crossings
Suite 200
Minneapolis, MN 55423

TRAVEL INFORMATION

INTERNATIONAL AIR: Participants will arrange their own international air arriving into Nice, France, on October 13, 2026 by mid-afternoon in time to attend an early evening group meeting at the hotel and group dinner at a local restaurant. Departure should be arranged from Barcelona, Spain on October 24, 2026. **Do not book your airline arrangements until Carrousel Travel informs you that a viable group has registered for the tour.** Upon arrival in Nice, participants will transfer on own to the hotel. When departing Barcelona, there will be one shared airport transfer provided. More information will be provided regarding time frames after the registration process has been completed.

A Carrousel Travel agent can assist with booking your international flights once you are registered. Indicate with online registration or email SpecialGroups@CarrouselTravel.com for assistance.

ADA & SPECIAL NEEDS: ADA: Please be advised the Americans with Disabilities Act is inapplicable outside of the United States, and facilities outside the U.S., such as ramps, elevators and hand railings may not exist. This itinerary is not wheelchair, scooter, or walker accessible. Consult Carrousel Travel or tour host with questions regarding mobility requirements. DIET: Medical and religious dietary restrictions will be requested (airline, hotel, group meals) but cannot always be guaranteed. Traveler will be notified if special meals have an additional cost (the responsibility of the traveler). MEDICAL DEVICES: Traveler **must advise** in advance if CPAP or any other medical or assistive devices will be used (including hearing aids in order to provide proper tour audio headsets). Check to see if devices need an electrical adaptor or converter. Additional onsite costs (such as electrical equipment or distilled water) are often difficult and/or expensive to arrange and are the complete responsibility of the traveler.

EXCLUSIONSTO PROGRAM: Items not included in the land package: international air, arrival airport transfer; ETIAS, passport, visa, documentation fees; baggage handling at airports, airline baggage charges; meals other than those indicated in itinerary, beverages except at breakfast and where indicated in itinerary; optional tours, excursions and entertainment; non-tour related gratuities; all personal items such as telephone calls, laundry expenses and room service; trip cancellation insurance; increases in VAT or city/hotel taxes; any required or optional expenses related to COVID-19 or for isolating during travel due to illness or quarantine; any items not specifically mentioned as included.

HEALTH & WELLNESS: Before you travel, take steps to prepare so you can stay safe and healthy during your trip. Try starting an exercise routine to increase stamina. Check the Centers for Disease Control and Prevention (CDC) or your public health department for information and current updates regarding a

destination's suggested vaccines, general health precautions, advice and other useful tips. The CDC recommends travelers to be up-to-date with all routine vaccinations (including COVID-19) before every trip. For France and Spain recommendations visit <https://wwwnc.cdc.gov/travel/destinations/traveler/none/france> <https://wwwnc.cdc.gov/travel/destinations/traveler/none/spain>

PASSPORT/VISA/DOCUMENTATION: For this itinerary, U.S. Citizens are required to have a passport valid at least 6 months past their scheduled return date. Also, passport needs to be undamaged with at least 2 blank pages (1 for each country's entry/exit stamp). IMPORTANT: While current passport requirements of France and Spain require validity of at least only 3 months past return, please be advised that once the European Travel Authorization and Authorization System (ETIAS) is operational in 2026 (date pending), its mandatory application for authorization to travel will require a passport validity of at least 6 months past the scheduled return. More details regarding ETIAS will be shared at a later date. A visa is not necessary for this itinerary.

Note that onward travel to other countries could require varied validity. The deadline to provide valid passport details to Carrousel Travel is 90 days prior to travel. Any delay could incur additional cost and/or inconvenience. If you need to get or renew your passport, see the U.S. Department of State website for further details and current processing times (as it could be lengthy). <https://travel.state.gov/content/travel/en/passports.html>

Non-U.S. citizens should contact their country's consulate immediately to inquire about the necessary travel documents, and a local U.S. government office for re-entry requirements.

All necessary and applicable personal documents to participate on this itinerary are the responsibility of the traveler. **Registration must include full legal name as it appears on the traveler's passport.** Name change fees will apply if incorrect information is submitted. Travelers without proper documentation may be denied boarding by the airlines, and Carrousel Travel and hosts assume no liability.

RESPONSIBILITIES & LIABILITIES

LEADERSHIP: The person(s) identified as the leader/host is subject to change in the event of unforeseen circumstances beyond the control of Carrousel Travel. In the unlikelihood of a change in leadership, a qualified replacement will be selected by the sponsoring organization or previous leader. Carrousel Travel will operate the program as planned and is not responsible for the change in leadership. The cancellation and refund policy remain as stated.

TRAVEL INSURANCE

Basic insurance is included for all participants for program dates. This coverage includes limited benefits while traveling for trip delay, baggage delay/loss, medical/dental accident or injury, and evacuation (medical, political and disaster). A summary of the coverage is included in the Registration Letter, and the policy is purchased (at this time from Travel Insured) for you approximately 30 days prior to departure. **It does not include** trip cancellation insurance, medical coverage for pre-existing medical conditions or unexpected expenses (such as an unforeseen circumstance if the program experiences travel delays that may incur additional costs.)

Purchasing individual supplemental insurance is recommended for additional benefits, especially if health condition is a concern and/or traveling outside of the U.S. Multiple suppliers offer comprehensive policies that do include trip cancellation and trip interruption/delay (reimbursement of nonrefundable payments for covered reasons) and optionals such as Cancel For Any Reason and quarantine. Note that for coverage of pre-existing medical conditions and certain options a policy must generally be purchased **within 15 days of the trip's first payment** (deposit receipt as noted on Carrousel Travel payment statement). An insurance quote may be requested when registering or by contacting Carrousel Travel (can only be provided once the first deposit is received). If buying your own cancellation insurance, please advise Carrousel Travel if you are using C&F Travel Insured International, as it's not allowed to have 2 separate policies for the same trip from the same company.

RESPONSIBILITY CLAUSE: Carrousel Travel purchases transportation, hotel accommodations and other services from various suppliers that are not subject to its immediate control. Carrousel Travel cannot, therefore, be liable for any personal injury or property damage or personal loss in connection with any service which may occur due to (1) any act or omission of such a supplier, or (2) defects in or failures of any aircraft, vessel, automotive vehicle or other means of transportation that is not under their control, or (3) any circumstances arising as a result of military or political action, terrorism, weather, acts of God, epidemiological events or any other circumstances over which Carrousel Travel has no control. Carrousel Travel reserves the right to alter, change or omit any part of the itinerary as they deem necessary or desirable, and to pass on to participants any expenditures or losses caused by delays or events beyond their control.

The traveler(s) release, covenant not to sue and forever discharge the tour host, Carrousel Travel and any of its or their trustees, officers, agents, employees and volunteers of any and all claims, demands, rights and causes of action of whatever kind of nature, including but not limited to negligence, unforeseen bodily and personal injuries, damage to property and the consequences there of resulting from participation in this program and/or any travel incident thereto.

SUPPLIER DEFAULT/BANKRUPTCY: If a supplier declares bankruptcy, cancels, or postpones service or otherwise fails to provide or perform the services you have purchased, it is the supplier, and not Carrousel Travel, that is legally responsible to the traveler. Refunds or reparations must come directly from the supplier or the bankruptcy court. In this case, Carrousel Travel would aid as much as possible.

TRAVEL ADVISORY WAIVER: There are inherent risks involved with traveling internationally. These risks include travel to and within, and returning from, one or more foreign countries; foreign political, legal, social and economic conditions; local medical conditions and local weather conditions, as well as the chance of violence and terrorist activity. For every country, The U.S. Department of State issues a travel advisory recommendation based on levels 1 to 4. All travelers should be aware of the Travel Advisory associated with their destination. See: <https://travel.state.gov/content/travel/en/international-travel.html>

Carrousel Travel

Founded in 1977 and recognized as a Best Places To Work for several consecutive years, Carrousel has grown into one of the largest privately owned travel companies in the Midwest. By melding the knowledgeable expertise of our professional consultants, the latest in travel technologies and the power of the Signature Travel Network, Carrousel Travel is dedicated to providing the best solutions for our client's needs and well-being.