

ABOTA 2026 INTERNATIONAL MEETING

JAPAN

TOKYO + 11-NIGHT CRUISE

WITH REGENT SEVEN SEAS CRUISES

MARCH 12-25, 2026

POST-CRUISE TOUR

KYOTO

MARCH 25-28, 2026

Dear ABOTA Friends,

We are delighted to invite you to join us on a journey through the jewels of Japan during the magical Sakura (cherry blossom) season.

Starting in Tokyo, the electrifying capital of the country and home to the most Michelin-starred restaurants in the world as of February 2024, we spend two nights exploring the old and the new. Our home in Tokyo is the plush Peninsula Hotel nestled in the heart of Ginza, the city's trendy, upscale hotspot. A couple of our visits will include Meiji Jingu, a Shinto shrine set on a vast forested area right in the city, and Shibuya Crossing to see thousands of locals and tourists alike passing through the intersections every two minutes. A morning lecture by a renowned samurai expert will delve into ancient samurai culture and how it shaped modern-day Japan. For those interested, there is an option to add an extra night to explore even more of the city.



The showstopper of our trip is an 11-night cruise aboard the stunning Regent Seven Seas Explorer. With plenty of public spaces to lounge, gather and linger with old and new ABOTA friends, Regent Seven Seas Explorer is the ideal ship for our sailing and having two days at sea lets us fully enjoy the ship's facilities. The Serene Spa & Wellness provides the perfect setting for relaxation and rejuvenation. An extensive fitness center with sprawling sea views is available for those that want to keep up with their routine. Guest lecturers will be on board to speak on a variety of topics related to Japan and the cities we will visit. Afternoon tea with savory bites and a specialty dessert theme is served daily for an indulgent break in the day. A wide variety of wines and spirits are included throughout the day. Three specialty dining restaurants are included: Pacific Rim (Pan-Asian), Chartreuse (French) and Prime 7 (steakhouse). Compass Rose is the main dining room with classic favorites plus a fresh rotating menu each night and Sette Mari features a beautifully-curated Italian menu. Evenings will be filled with music and entertainment: cabaret shows, karaoke, dancing in the lounge and gambling at the casino.

Our cruise starts and ends in Tokyo with ports-of call in major cities of Japan plus a stop in South Korea in the port of Busan, the second largest city and seaport in the country. A port stop in Shimizu provides excursion options that include catching views of Mount Fuji (on a clear day), a visit to a Shinto shrine or even tea making. The port of Kobe is the jumping off point for visiting Osaka and Kyoto (day trips). A culinary exploration of Kobe is recommended for those that enjoy steak as Kobe's is remarkably different from any other beef found on earth. Kochi offers an opportunity to view and climb to the top of the castle, which has survived wars, fires and other catastrophes. The ports of Hiroshima and Nagasaki will be two very heavy visits but provide perspective on the amount of damage an atomic weapon can create. Our last port stop is Beppu, known for its many hot springs.

What sets Regent Seven Seas apart is that shore excursions are included. In each port, you will always have the option of selecting one of the included shore excursions. If you prefer to explore on your own, Regent provides a continuous shuttle from the ship to the city in each port plus there is also the option of booking a private car & driver.

After our cruise, top off the journey with a 3-night optional stay at the sumptuous and serene Four Seasons Hotel in Kyoto, a city deeply rooted in ancient traditional culture and arguably the best preserved destination in Japan. Our trip starts with a bullet train ride from Tokyo to Kyoto. We will discover why Kyoto is so beloved and woven with tales older than time. As the former imperial capital of Japan, the city holds historical significance and is home to 17 UNESCO World Cultural Heritage Sites, some of which we will visit together Kyoto is not to be missed!

One can spend a lifetime discovering all that is splendid about Japan or join us on this tailor-made trip of a lifetime that will include a variety of highlights plus many deep and meaningful encounters that will leave a lasting impression on your heart and spirit.

With warmest regards,

Sue and Bill Shapiro

DAY	DATE	PORT	ARRIVAL	DEPARTURE
SATURDAY	MAR 14	TOKYO, JAPAN	EMBARK	7:00 PM
SUNDAY	MAR 15	SHIMIZU, JAPAN	7:00 AM	4:00 PM
MONDAY	MAR 16	KYOTO (KOBE), JAPAN	12:00 PM	
TUESDAY	MAR 17	KYOTO (KOBE), JAPAN		7:00 PM
WEDNESDAY	MAR 18	KOCHI, JAPAN	7:00 AM	4:00 PM
THURSDAY	MAR 19	HIROSHIMA, JAPAN	7:00 AM	4:00 PM
FRIDAY	MAR 20	CRUISING THE KANMON STRAIT		
		BUSAN, SOUTH KOREA	10:00 AM	8:00 PM
SATURDAY	MAR 21	NAGASAKI, JAPAN	8:00 AM	6:00 PM
SUNDAY	MAR 22	CRUISING THE PHILIPPINE SEA		
MONDAY	MAR 23	BEPPU, JAPAN	10:30 AM	8:30 PM
TUESDAY	MAR 24	CRUISING THE PACIFIC OCEAN		
WEDNESDAY	MAR 25	TOKYO, JAPAN	8:00 AM	DISEMBARK

**SOUTH
KOREA**

JAPAN

TOKYO

SHIMIZU

KYOTO

HIROSHIMA

KOCHI

BEPPU

NAGASAKI

Kanmon Strait

Pacific Ocean

Philippine Sea



JAPAN | MARCH 12-14, 2026

TOKYO





Ultramodern yet traditional, Tokyo is a sprawling metropolis of neighborhoods and districts with historic temples and futuristic, neon-lit skyscrapers. Nearly destroyed by bombs and fires during WWII and by earthquakes at other times, Tokyo is a story of continual reinvention. The city presents a different view at every turn and each district has its own distinct personality: Akihabara is the gadget and anime center, Asakusa is the traditional cultural center, Harajuku is the chic fashion capital, Shinjuku is buzzing with nightlife and neon lights, Ginza is all about haute couture and lined with upscale shops, Shibuya has the most famous crossing in the world with up to 3,000 people crossing every two minutes.

During our ABOTA visit, we will learn all about the ancient samurai culture and experience the many facets of Tokyo including the spiritual temples, sacred shrines and the vibrant districts – each one distinctly different from the next.

I often compare the experience of going to Japan for the first time, going to Tokyo for the first time, to what Eric Clapton and Pete Townshend—the reigning guitar gods of England—must have gone through the week that Jimi Hendrix came to town.

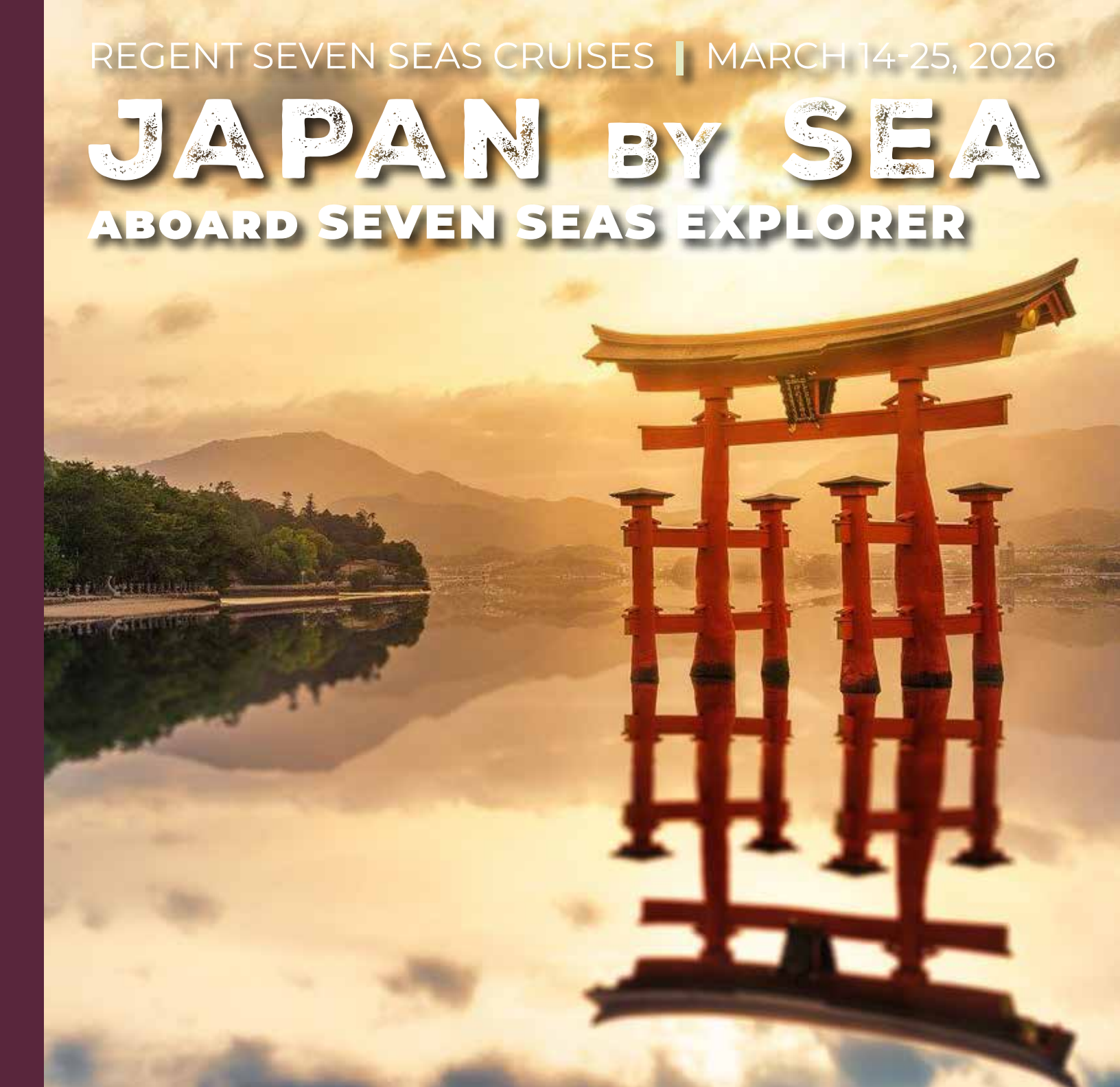
ANTHONY BOURDAIN



REGENT SEVEN SEAS CRUISES | MARCH 14-25, 2026

JAPAN BY SEA

ABOARD SEVEN SEAS EXPLORER





SATURDAY, MARCH 14, 2026

TOKYO, JAPAN

Embark | Depart 7:00 PM

Board the *Seven Seas Explorer* in one of the world's most dazzling cities—Tokyo—and embark on an 11-night journey filled with magic, beauty and wonder as you discover the confluence of ancient cultures and high-tech metropolises spread throughout Japan.



SUNDAY, MARCH 15, 2026

SHIMIZU, JAPAN

Arrive 7:00 AM | Depart 4:00 PM

On a clear day, you can see magnificent Mount Fuji from the lively Port of Shimizu. Visit The S-Pulse Dream Plaza to tour the Shimizu Sushi Museum with informative displays and models that show the history and variations of Japan's most famous fare. Stroll through the Kashi-no-Ichi Market, where some of the port's fresh seafood is sold and be sure to enjoy a delicious cup of tea.



MONDAY, MARCH 16, 2026

KYOTO (KOBE), JAPAN

Arrive 12:00 PM | Overnight

Visit breathtaking temples and shrines of Kyoto, Japan's old imperial capital, or visit ancient Nara, the cradle of Japanese arts, literature and crafts, with its magnificent shrines and temples. Stroll through Nara Park, famed for its deer and impressive Kasuga Grand Shrine and tour Osaka where you will witness its imposing castle. From Kobe, bring home exotic mementos such as silks, ceramic teapots, paper parasols, superb artworks and pottery among other beautiful objects. Enjoy traditional Japanese fare or indulge in a wonderful dinner of Kobe beef. Everything will be exquisitely prepared and served.



TUESDAY, MARCH 17, 2026

KYOTO (KOBE), JAPAN

Overnight | Depart 7:00 PM

A second day in Kyoto means more time to explore time to explore the area—your way. Discover the gracious spirit of Old Japan while touring Kyoto's most alluring sites, starting with the magnificent Golden Pavilion. More history awaits you at Nijo Castle, an esteemed UNESCO World Heritage site, protected by a moat, stone walls and ingenious nightingale floors, which chirp like a bird when walked upon to alert the guards of potential intruders. Choose to ride an old-fashioned, open-air cable car to the summit of Mt. Rokko and take in the panoramic views of Kobe and Osaka from its observation deck. Or enjoy a superb Kaiseki-style dinner while watching a traditional geisha performance that will lend great insight into the Japanese culture.



WEDNESDAY, MARCH 18, 2026

KOCHI, JAPAN

Arrive 7:00 AM | Depart 4:00 PM

Kochi boasts beautiful and abundant natural landscapes, from an expansive coastline running with the Kuroshio Current to the clear Shimanto River and the deep green forests that surround it. Located in the south of Shikoku, Kochi is ringed by rugged mountains to the north, and its arc-like southern coastline traces the outline of Tosa Bay. To the east is Cape Muroto, and to the west, Cape Ashizuri, with gently undulating sandy beaches stretching between these two extreme points. The prefecture also boasts the mystical limestone caves of Ryu-ga-do, and the beautiful sands and green pines of Katsurahama Beach.





THURSDAY, MARCH 19, 2026

HIROSHIMA, JAPAN

Arrive 7:00 AM | Depart 4:00 PM

Surrounded by dense forests and enticing hot springs, cosmopolitan Hiroshima is a symbol of rebirth and resilience. Moving memorials to the world's first atomic bomb attack of August 6, 1945 include the Peace Memorial Park and its Atomic Bomb Dome, a haunting symbol of the bomb's devastation and a World Heritage site since 1996, and Children's Peace Monument. Take a ferry to the Island of Itsukushima, a holy place of Shintoism that's Cultural Heritage-listed and site of the iconic 'floating' torii gate. After walking the wide boulevards of this vibrant city, sample the delicious, savory, street-food classic, Hiroshima-style okonomiyaki.

FRIDAY, MARCH 20, 2026

CRUISING THE KANMON STRAIT + BUSAN, SOUTH KOREA

Arrive 10:00 AM | Depart 8:00 PM



The Kanmon Strait is a narrow channel of water that separates two of Japan's main islands, Honshu and Kyushu. The channel has long been important to maritime transportation and cargo ships, as it connects the Sea of Japan and the Inland Sea.



Venture through the Kanmon Strait and across the Korea Strait to Busan, South Korea. Located on the southeastern tip of the Korean Peninsula just two-and-a-half hours from Seoul, Busan is South Korea's second-largest city. With its deep harbor, it's also one of the largest commercial ports in the world. Often referred to as "the summer capital of South Korea," Busan is known for its exceptional beaches, scenic cliffs and ancient temples high in the mountains.

SATURDAY, MARCH 21, 2026

NAGASAKI, JAPAN

Arrive 8:00 AM | Depart 6:00 PM

Japan's early gateway to trade with the West, Nagasaki boasts stately European-style homes, a bustling harbor and fusion cuisine (be sure to try Nagasaki's version of Castella sponge cake, introduced by Portuguese missionaries). The vibrant city is also synonymous with the dropping of the second atomic bomb, making a visit to Nagasaki's Peace Park a necessary, and deeply moving, experience. Admire the city's natural beauty atop Mount Inasayama. Drive through splendid countryside to browse the galleries of Arita, the birthplace of Japanese porcelain. Back in Nagasaki, wander Japan's oldest Chinatown, trying Chinese food reinterpreted for Japanese tastes.

SUNDAY, MARCH 22, 2026

CRUISING THE PHILIPPINE SEA

A day aboard *Seven Seas Explorer* is an adventure itself. Head to the pool deck to relax. Try your hand at bocce, golf or shuffleboard. Or visit the culinary arts kitchen and learn to prepare authentic local recipes.

MONDAY, MARCH 23, 2026

BEPPU, JAPAN

Arrive 10:30 AM | Depart 8:30 PM

Lovers of hot spring resorts, rejoice. Perched hillside on the southern Japanese island of Kyushu, Beppu bubbles with life thanks to a preponderance of onsen (hot springs). Enjoy a variety of rejuvenating bath types, from heated sand to traditional steam to hot mud. As one of the country's most popular spots for enjoying a long, hot soak, most visitors find Beppu to be a delightful opportunity to absorb the more relaxed side of Japan's vibrant culture.





TUESDAY, MARCH 24, 2026
CRUISING THE PACIFIC OCEAN

A final day aboard *Seven Seas Explorer* is the perfect opportunity to treat yourself. Take in the dramatic views at the refreshing infinity pool. Restore your mind, body and spirit at the Serene Spa & Wellness. And savor fresh, gourmet cuisine at any of the onboard dining venues.



WEDNESDAY, MARCH 25, 2026
TOKYO, JAPAN

Arrive 8:00 AM | Disembark

We arrive back where we started in Tokyo, Japan. You may choose to return home from here, extend your stay in Tokyo or join us on the Kyoto post-cruise tour.



*Japan is the most
intoxicating place for me.
The Japanese culture
fascinates me: the food,
the dress, the manners,
and the traditions.*

*It's the travel experience that
has moved me the most.*

ROMAN COPPOLA





POST-CRUISE TOUR | JAPAN | MARCH 25-28, 2026

KYOTO





Once the ancient capital of Japan, Kyoto is home to stunning natural scenery intertwined with historical buildings and traditional architecture. The city has retained its history, culture and traditions for over 1,200 years and was spared during WWII thanks to US Secretary of War Henry Stimson, who persuaded President Harry Truman to remove Kyoto from the top of the target list for dropping an atomic bomb. Known for formal traditions such as kaiseki dining consisting of multiple courses of precise dishes reflective of the season and geisha culture originating from the 17th century with highly-trained women who perform traditional arts and provide hospitality to guests. Buddhist temples and Shinto shrines dot the city with each one being as photogenic as the next whether it's the views, gardens or architecture or all of the above that are to be admired.

During our ABOTA visit, we will explore Kyoto beyond what can be experienced during a port stop on the cruise.



REGENT SEVEN SEAS CRUISES | MARCH 14-25, 2026

SEVEN SEAS EXPLORER

Bringing you the best in all-inclusive luxury begins with bringing you the most luxurious ship. Regent Seven Seas Cruises' award-winning fleet delivers style and class, from bow to stern, throughout every region of the world. Come aboard and experience your new home away from home. *Seven Seas Explorer*® takes luxury cruising to the next level, from the elegantly appointed suites to the hand-picked art accentuating her halls.

OVERALL LENGTH 735 ft.

BEAM (WIDTH) 102 ft.

DRAFT 23 ft.

SUITES 373

GUESTS 746

CREW 548 International

GUEST DECKS 10

GROSS TONNAGE 55,254

CRUISING SPEED 19.5 Knots

SHIP'S REGISTRY Marshall Islands



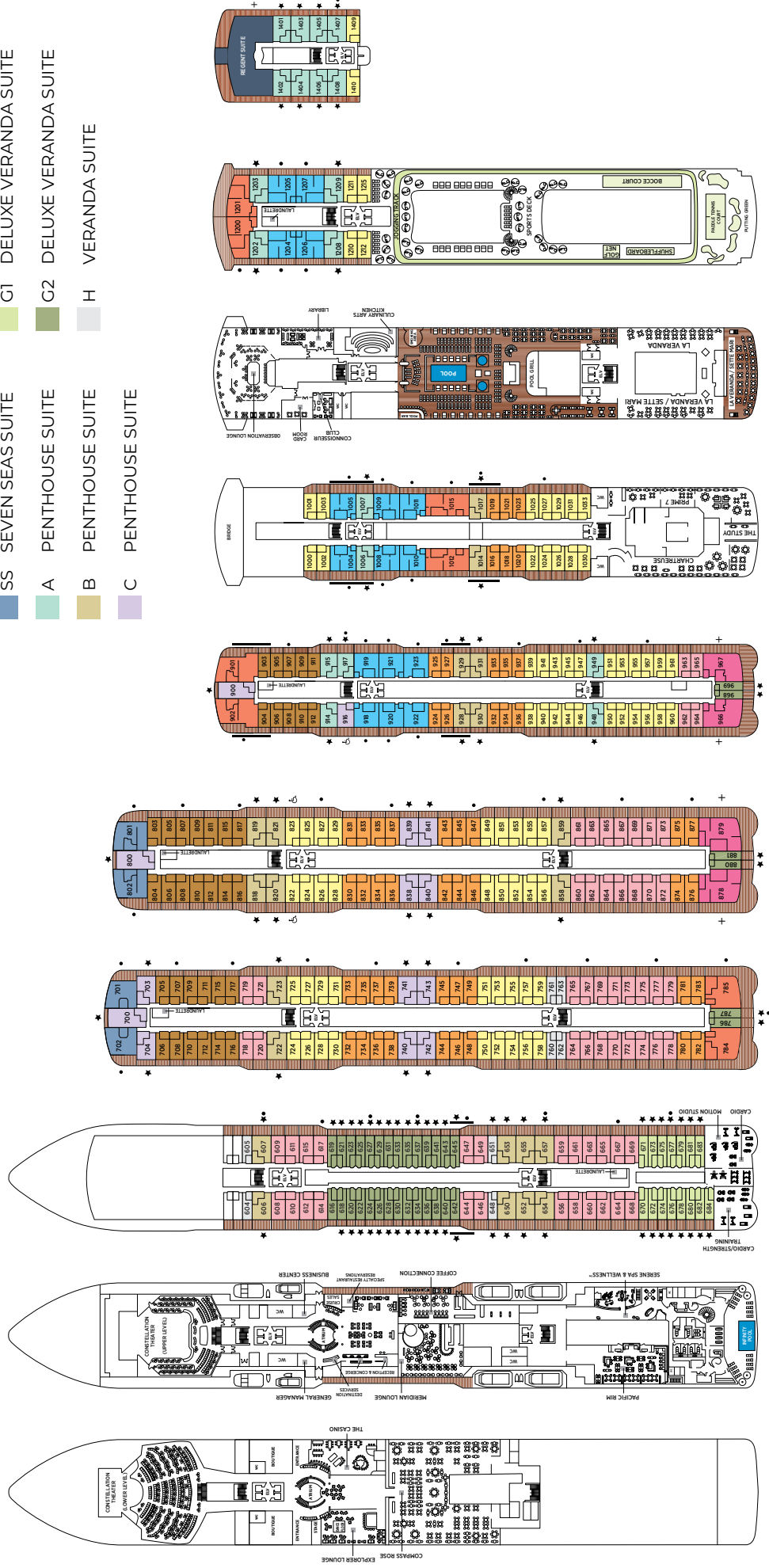
Simply put, the Atrium is the very heart of Seven Seas Explorer. Natural light cascades from above but it's a magnificent chandelier shining like a glowing star that steals the show.

SEVEN SEAS EXPLORER

DECK PLANS

Deck Plans are for illustration purposes and may not be to scale.
Regent Seven Seas Cruises reserves the right to make amendments and changes.

- | | | | |
|----|------------------|----|----------------------|
| RS | REGENT SUITE | D | CONCIERGE SUITE |
| SG | SIGNATURE SUITE | E | CONCIERGE SUITE |
| GS | GRAND SUITE | F1 | SERENITY SUITE |
| ES | EXPLORER SUITE | F2 | SERENITY SUITE |
| SS | SEVEN SEAS SUITE | G1 | DELUXE VERANDA SUITE |
| A | PENTHOUSE SUITE | G2 | DELUXE VERANDA SUITE |
| B | PENTHOUSE SUITE | H | VERANDA SUITE |
| C | PENTHOUSE SUITE | | |



DECK 4

BOUTIQUE
THE CASINO
COMPASS ROSE
CONSTELLATION THEATER (LOWER)
EXPLORER LOUNGE

DECK 5

BUSINESS CENTER
COFFEE CONNECTION
CONSTELLATION THEATER (UPPER)
CRUISE SALES
DESTINATION SERVICES
MERIDIAN LOUNGE
RECEPTION & CONCIERGE
SERENE SPA & WELLNESS™

DECK 6

FITNESS CENTER

DECK 7

DECK 8

DECK 9

DECK 10

CHARTREUSE
PRIME 7
THE STUDY

DECK 11

CARD ROOM
CONNOISSEUR CLUB
CULINARY ARTS KITCHEN
LA VERANDA
LIBRARY
OBSERVATION LOUNGE
POOL GRILL / POOL BAR
SETTE MARI

DECK 12

BOCCE COURT
GOLF NET
JOGGING TRACK
PADDLE TENNIS COURT
PUTTING GREEN
SHUFFLEBOARD
SPORTS DECK

DECK 14

REGENT SUITE

SEVEN SEAS EXPLORER

CABIN CATEGORIES

SIGNATURE SUITE (SG)

Located on Decks 8, 9. Inside space of 1,064-1,114 sq. ft. plus one balcony of 831-994 sq. ft. Includes Butler Service.

- 2 Spacious Bedrooms with European King-Sized Elite Slumber™ Bed
- 2 Marble and Stone Detailed Bathrooms
- Spacious Living Room
- Private Balcony
- Walk-in Closet With Safe
- Accommodates Up To 6 Guests



GRAND SUITE (GS)

Located on Decks 7, 9, 10, 12. Inside space of 854-1,013 sq. ft. plus one balcony of 277-916 sq. ft. Includes Butler Service. **Layout dependent on suite location.*

- 1 Spacious Bedroom with European King-Sized Elite Slumber™ Bed
- 2 Marble and Stone Detailed Bathrooms
- Spacious Living Room
- Private Balcony
- Walk-in Closet With Safe
- Accommodates Up To 3 Guests



EXPLORER SUITE (ES)

Located on Decks 9, 10, 12. Inside space of 655 sq. ft. plus one balcony of 166-263 sq. ft. Includes Butler Service.

- 1 Spacious Bedroom with European King-Sized Elite Slumber™ Bed
- 1 1/2 Marble and Stone Detailed Bathrooms
- Spacious Living Room
- Private Balcony
- Walk-in Closet With Safe
- Accommodates Up To 2 Guests



SEVEN SEAS EXPLORER

CABIN CATEGORIES

PENTHOUSE SUITE (B AND C)

Located on Decks 6, 7, 8, 9, 10. Inside space of 450 sq. ft. plus one balcony of 111-194 sq. ft. Includes Butler Service.

- European King-Sized Elite Slumber™ Bed
- 1 Marble and Stone Detailed Bathroom featuring a glass-enclosed shower
- Spacious Living Room
- Private Balcony
- Walk-in Closet With Safe
- Accommodates Up To 2 Guests



CONCIERGE SUITE (D AND E)

Located on Decks 6, 7, 8, 9, 10, 12, 14. Inside space of 332 sq. ft. plus one balcony of 83-132 sq. ft.

- European King-Sized Elite Slumber™ Bed
- 1 Marble and Stone Detailed Bathroom
- Walk-in Closet With Safe
- Intimate Sitting Area
- Private Balcony
- Accommodates Up To 3 Guests



SERENITY SUITE (F1 AND F2)

Located on Decks 7, 8, 9, 10. Inside space of 332 sq. ft. plus one balcony of 83-132 sq. ft.

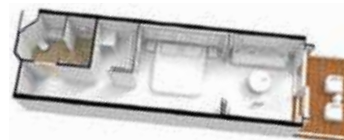
- European King-Sized Elite Slumber™ Bed
- 1 Marble and Stone Detailed Bathroom
- Walk-in Closet With Safe
- Intimate Sitting Area
- Private Balcony
- Accommodates Up To 3 Guests



DELUXE VERANDA SUITE (G2)

Located on Decks 6, 7, 8, 9. Inside space of 253 sq. ft. plus one balcony of 55-108 sq. ft.

- European Queen Size Elite Slumber™ Bed
- 1 Marble and Stone Detailed Bathroom featuring a glass-enclosed shower instead of bathtub
- Walk-in Closet With Safe
- Intimate Sitting Area
- Private Balcony
- Accommodates Up To 3 Guests





SEVEN SEAS EXPLORER

DINING EXPERIENCES

SIMPLY SUPERB CUISINE

- » **CHARTREUSE** | A restaurant with a modern French menu and attention to detail you will notice in its Parisian décor, expertly prepared dishes and wait staff.
- » **COFFEE CONNECTION** | Grab a barista-made coffee or choose from delicious handmade pastries in this cozy café.
- » **COMPASS ROSE** | The wondrous colors outside Seven Seas Explorer® are no match for the vivid cobalt-blue glass installation on the ceiling of the elegant Compass Rose, a perfect setting for breakfast and dinner.
- » **LA VERANDA** | Located on Deck 11 aft, guests take in stunning ocean views while enjoying elegant breakfast and lunch buffets in the chic indoor dining room or al fresco on the shaded, open-air deck.
- » **PACIFIC RIM** | Walk past the Tibetan Prayer wheel at the entrance and be prepared for an evening of culinary perfection with an array of Pan-Asian flavors and dishes.
- » **POOL GRILL** | When you desire a quick bite after sunbathing or swimming in the pool, the Pool Grill is the place for grilled-to-order burgers, seafood, sandwiches, even hand-dipped ice cream sprinkled with tasty toppings.
- » **PRIME 7** | From perfectly aged prime New York strip, porterhouse and succulent filet mignon to smoked salmon with a phenomenal tamarind-whiskey sauce, Prime 7 elevates classic American fare to lofty heights.
- » **SETTE MARI AT LA VERANDA** | Enjoy an extensive menu of authentic antipasti and Italian specialties served à la carte and paired with fine Italian wines.

SPA & WELLNESS

INDULGE AND RELAX OR TRAIN AND MAINTAIN

- » A globally inspired, tranquil haven of health, beauty and wellness, Serene Spa & Wellness offers restorative treatments and activities that incorporate globally sourced, natural ingredients to soothe both the body and mind.
- » Look after yourself at sea. Take part in Pilates, yoga and aerobics classes or help yourself to spinning bikes, dumbbells, treadmills, Technogym Strength Machines, workout mats and step benches.
- » Keep up with your regular walking or running routine while cruising the high seas. The onboard jogging track features dramatic views and fresh air.

SEVEN SEAS EXPLORER

ONBOARD HIGHLIGHTS

MORE THAN JUST A HOME AWAY FROM HOME

- » Seven Seas Explorer® is stunning, with art by Pablo Picasso on the walls and a vivid cobalt-blue glass installation on the ceiling in the elegant restaurant Compass Rose. Every space is designed to impress.
- » Regent Seven Sea Cruises® offers an all-inclusive, in-suite luxury experience like no other at sea. Every suite has spacious closets, high-end finishes, relaxing Elite Slumber™ beds and private balconies.
- » You will find time spent on board the ship to be just as enriching as time ashore. Relax by the pool, compete in a friendly game of trivia or bocce ball, indulge in treats at afternoon tea and gain insight from an expert lecturer.
- » You could take a cooking class, get a seaweed wrap, lounge by the pool, eat a gourmet meal and play some blackjack all in one day aboard Seven Seas Explorer®.
- » Evenings on board are filled with music and fun. Enjoy a rousing cabaret show, test your luck at the Casino, step onto the stage for karaoke or simply find a quiet place on deck to revel in the symphony of stars.
- » Join expert chefs in a state-of-the-art teaching kitchen on board. Learn to prepare authentic local recipes, and savor the flavors of the regions you are visiting.
- » Browse a well-curated selection of duty-free designer clothes, jewelry, perfume and more at the onboard boutiques. Then fuel up with an espresso from an onboard café or unwind at a wine tasting in one of the lounges.

EVERY LUXURY INCLUDED

LIVE LIFE TO THE FULLEST EVERY DAY

- » Unlimited shore excursions
- » Unlimited beverages, including fine wines and spirits
- » Open bars and lounges plus in-suite mini-bar replenished daily
- » Pre-paid gratuities
- » Specialty restaurants: Chartreuse (French), Pacific Rim (Asian) and Prime 7 (steakhouse)
- » 24-hour room service
- » Unlimited wifi
- » Unlimited laundry service on top of complimentary self-service laundry facilities (an amazing perk on an 11-night sailing!)





HOTELS

THE PENINSULA TOKYO

MARCH 12-14, 2026

- » Superbly located opposite the Imperial Palace and Hibiya Park in Marunouchi district, and within minutes' walk of the shopping capital of Ginza, The Peninsula Tokyo offers commanding views of the Japanese capital skyline.
- » The Peninsula guestrooms are the epitome of modern luxury suffused with traditional Japanese culture and aesthetics.
- » Savor exquisite eats from authentic Cantonese specialties to delectable grilled fare with nine unique dining experiences.
- » When tea time strikes in Tokyo, locals and visitors alike love The Lobby for a classic Peninsula Afternoon Tea under the iconic hanabi firework-inspired crystal chandelier.
- » The Peninsula Spa is a haven of calm offering deep relaxation and bespoke spa treatments by skilled therapists that epitomize the legendary Peninsula service.

FOUR SEASONS HOTEL KYOTO

POST-CRUISE TOUR // MARCH 25-28, 2026

- » Set in the serene and well-preserved Higashiyama District with many of the city's attractions within easy reach.
- » All guestrooms and suites are a celebration of modern design and artisanal features with views of the garden, courtyard or city.
- » Dining options are plentiful with options such as sushi, steak & seafood and traditional Japanese tea & delights.
- » Step into the expansive spa and wellness facility for a blissful escape with 7 treatment rooms offering traditional massage and bamboo ritual therapies, an indoor pool, large whirlpool and fitness center.





TOUR INCLUSIONS

TOKYO

MARCH 12-14, 2026

- » Two nights at the Peninsula Hotel Tokyo
- » Daily private ABOTA buffet breakfast at top-floor Peter Restaurant with panoramic views of the city
- » Guided walking tour on day of arrival
- » Welcome to Japan cocktail reception & dinner
- » Full sightseeing agenda in Tokyo
- » Arrival transfer from Tokyo Haneda (HND) to the hotel
- » Transfer from hotel to ship on day of embarkation
- » Luggage handling
- » ABOTA Hospitality Desk
- » Services of Carrousel Travel staff onsite

JAPAN BY SEA

REGENT SEVEN SEAS CRUISES // MARCH 14-25, 2026

- » 11 nights aboard the beautiful Seven Seas Explorer with an all-inclusive experience
- » Luxury suite accommodations in the category of your choice
- » Gourmet dining for all meals with a wide variety of restaurant and cuisine options
- » Specialty restaurants: Chartreuse (French), Pacific Rim (Asian) and Prime 7 (Steakhouse)
- » Daily afternoon tea
- » In-suite dining and 24-hour room service
- » Private ABOTA cocktail receptions
- » Exclusive ABOTA events on board
- » Expert lectures and destination presentations
- » Lively evening entertainment including live musical performances and stage shows
- » Personal suite attendant

TOUR INCLUSIONS

JAPAN BY SEA (CONTINUED)

REGENT SEVEN SEAS CRUISES // MARCH 14-25, 2026

- » Premium spirits and fine wines available throughout the day
- » Unlimited shore excursions
- » Unlimited laundry service on top of complimentary self-service laundry facilities
- » Wi-Fi
- » Optional CLE program available
- » ABOTA Hospitality Desk
- » Shipboard gratuities
- » Services of Carrousel Travel staff onsite

KYOTO

POST-CRUISE TOUR // MARCH 25-28, 2026

- » Three nights at the Four Seasons Hotel Kyoto
- » Daily ABOTA buffet breakfast
- » Ship to train station transfer and luggage handling on day of disembarkation
- » Bullet train transportation from Tokyo to Kyoto on day of disembarkation with lunch and touring enroute
- » Welcome to Kyoto reception & dinner
- » Two included half-day tours of Kyoto
- » Farewell to Japan cocktail reception & dinner
- » Keepsake kimono and custom fitting
- » Transfer to Osaka airport and luggage handling for departure flight/return flight home
- » ABOTA Hospitality Desk
- » Services of Carrousel Travel staff onsite



ABOTA 2026 REGISTRATION FORM

☐ **ABOTA 2026 International Meeting | Tokyo + Japan by Sea Regent Seven Seas Cruise: March 12-25, 2026**

Cabin categories are limited and will be sold on a first come, first served basis. Please indicate by numbering your first three choices for cabin category and we will make every attempt to accommodate your preferred cabin.

☐ Deluxe Veranda Suite (G2)	\$11,187 or (\$11,578*)	☐ Penthouse Suite (C)	\$15,650 or (\$16,198*)
☐ Serenity Suite (F2)	\$12,108 or (\$12,532*)	☐ Penthouse Suite (B)	\$15,950 or (\$16,508*)
☐ Serenity Suite (F1)	\$12,308 or (\$12,739*)	☐ Explorer Suite (ES)	\$22,407 or (\$23,191*)
☐ Concierge Suite (E)	\$13,211 or (\$13,673*)	☐ Grand Suite (GS)	\$25,462 or (\$26,353*)
☐ Concierge Suite (D)	\$13,411 or (\$13,880*)	☐ Signature Suite (SG)	\$29,557 or (\$30,591*)

☐ **Kyoto Post-Cruise Extension: March 25-28, 2026** \$6,925 or (\$7,167*)

**Submit registration by email to ABOTA@carrouseltravel.com
or fax to 612-866-9644 or mail with check payable to:**

Carrousel Travel, 6625 Lyndale Avenue South, Suite 104, Minneapolis, MN 55423

Please include a photo copy of the first page of your passport.

*All prices are quoted per person,
based on double occupancy and
include all items listed under
tour inclusions.*

** Price based on non-cash payment.*

Name _____
(Must be your legal name exactly as it appears on your passport)

Email _____

Companion _____
(Must be your legal name exactly as it appears on your passport)

Companion Email _____

Preferred Mailing Address ☐ Home ☐ Office

If Office, Company Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Cell _____ Companion Cell _____

☐ I have read/agree to the Terms & Conditions of this tour brochure.

Signature _____ Date _____

Enclosed is \$ _____ To cover:

- ☐ Deposit of \$2,500/person for Tokyo + Cruise (main trip)
- ☐ Deposit of \$2,000/person for Kyoto (post-cruise extension)
- ☐ 2nd Payment of \$5,000/person for Tokyo + Cruise — **Due on 6/27/2025**
- ☐ 2nd Payment of \$2,000/person for Kyoto — **Due on 6/27/2025**
- ☐ Final Payment — **Due on 12/5/2025**
- ☐ Bill my credit card ☐ Visa ☐ Mastercard ☐ American Express

Acct. # _____

CVV _____ Exp. Date _____

Signature _____ Date _____

☐ I authorize Carrousel Travel to charge my credit card for the deposit and all scheduled payments on the due dates.

Terms & Conditions

Reservations must be accompanied by a signed registration form and a deposit of \$2,500 per person for the Tokyo + Cruise main trip, and \$2,000 per person for the Kyoto post-cruise extension. A second payment of \$5,000 per person for the Tokyo + Cruise main trip, and \$2,000 per person for the Kyoto post-cruise extension is due June 27, 2025. Final payment is due December 5, 2025. All payments will be non-refundable. Carrousel Travel highly recommends trip cancellation and interruption insurance. We cannot guarantee any refunds from cancellations and any refunds will be based on the refunds received from hotels and suppliers along with the ability to fill your hotel rooms.

Responsibility

ABOTA and Carrousel Travel purchase transportation, hotel accommodations, restaurant services and other services from various suppliers that are not subject to their control. ABOTA and Carrousel Travel cannot, therefore, be liable for any personal injury, property damage or personal loss in connection with any service which may occur due to (1) any act or omission of such a supplier, or (2) defects in or failures of any aircraft, vessel, automotive vehicle or other means of transportation that is not under their control, or (3) any circumstances arising as a result of military or political action, terrorism, weather, acts of God, epidemiological events or any other circumstances over which ABOTA and Carrousel Travel have no control.

ABOTA and Carrousel Travel reserve the right to adjust US Dollar prices without notice to reflect fluctuations in the foreign exchange markets. ABOTA and Carrousel Travel also reserve the right to alter, change or omit any part of the itinerary as they deem necessary or desirable, and to pass on to tour members any expenditures or losses caused by delays or events beyond their control.

**Tour Questions & Reservations being handled
by Carrousel Travel
(Phone: 612-866-2503 or 800-800-6508)**